

London North Kent Intergroup of Alcoholics Anonymous
Minutes of Meeting held on Wednesday 8th July 2026 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome and apologies etc

Vic as Chair, opened the AGM at 8pm and welcomed all attendees.

In Attendance

Vic – LNKIG Chair/PI Liaison

Frank C - LNKIG Vice Chair /GSR Hayes Online

Alan N – LNKIG Treasurer/GSR Orpington Monday

Ros – LNKIG Secretary

Martin H – LNKIG Health Liaison Officer

Claire C – GSR Bethlem Thursday and Sunday Online

Simon A – GSR Sidcup Sunday

Natasha - LNKIG Region Rep/GSR Beckenham Wednesday

Nick P – GSR Dartford Tuesday

Dee – GSR Beckenham Tuesday

Dave P – GSR Burnt Ash Newcomers Sunday Night

Ian G –Employment Liaison Officer/GSR Sidcup Wednesday Night

Donald –LNKIG Armed Forced Liaison Officer

Bill – GSR Bromley Common Wednesday Night

Alastair – Petts Wood Friday

Chloe – GSR Badgers Mount Sunday

Abi – Bromley Friday

Martyn B –GSR Bromley Tuesday Big Book Study

Peter – LNKIG Probation Liaison Officer/Region Rep

Nina G – GSR Petts Wood Monday

Om – Hayes Thursday Evening

Graham P – GSR Orpington Sunday

Dave T – Welling Friday Lunchtime

Apologies

Tim E – LNKIG Prisons Liaison Officer/GSR Swanley Wednesday

Rob T – LNKIG ECLO/LNKIG Region Rep/GSR Bromley Common Wednesday Lunchtime Chip

Martin B – GSR Bexleyheath Saturday

Luke W – YPLO

Emma – There's a Solution LGBT+

Nicola – GSR Bromley Monday Night College Road

Emma D – GSR Monday Keston Meditation

Tracie – GSR Eden Park Friday Night

Kellie – GSR Keston Saturday (outgoing)

Theresa B – GSR Orpington Saturday Evening

Nick C – GSR Bexleyheath Friday

Ann-Marie – GSR Monday Lunchtime Salvation Army
Ben H – Sidcup Into Action, Thursday
Martin C – GSR Bromley Saturday Lunchtime (outgoing)
John F – GSR Chislehurst
Andy L – Wellington Road Tuesday Morning

Twelve Traditions – Read by Vic

Silence for the still suffering alcoholic

Introductions of New GSRs

Welcome to Dave T, new GSR for Welling Lunchtime; Andy C from Sidcup Wednesday and Alastair from Friday Evening

2. Minutes of last meeting approved

Minutes of the previous meeting held on 6th May were approved. Proposed by Ian, Seconded by Alastair

3. Vacancies

It was noted that the following positions are available:

- PI – Vic needs to rotate out of PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage, working within the Outreach Sub-committee.
- Share Magazine – Frank made an impassioned plea for a new Share Officer, and also pitched for people to write articles.
- Treasurer – Alan needs to rotate out of Treasurer position. Expressions of interest as soon as possible, 2 years sobriety required.

4. Matters Arising

- Convention 2027: Martin confirmed that a committee has been formed for Spring Convention 2027.
- Autumn Workshop 2026 (previously known as October Workshop). Date confirmed as 24th October. Usual venue (Emmanuel Church, Sidcup). There will be one speaker on the 12 Steps. It would be appreciated if as many people from LNKIG as possible could attend and contribute.
- Questions For Conference – Results of Conference have now been circulated – in the Summer News. Next step for 2027 – in September you can put a question forward, check the website and submit the questions.

- Peter asked for the female group supporter at CGL Bromley once a month. 2-3pm on a Wednesday. Ros will start it off, but this can be covered between the females at LNKIG.

5. Officer reports

Chair

Vic submitted a report as follows: All good at LNKIG. Service rotations due in November – need replacements for Chair, Secretary, Treasurer and PI.

Vice Chair

Nothing to report.

Secretary

Nothing to report

Treasurer

The Treasurer's Report for the period from 3rd May 2026 to 30th June 2026 was presented to the committee. The report advised that income for the period was £1526 with contributions as follows:

Keston Saturday	£130
Keston Monday	£175
Bromley Monday Lunchtime	£225
Petts Wood Monday	£250
Friends of Bill Wednesday	£50
Bromley Monday Night	£100
Badgers Mount	£250
Individuals	£146

Outgoings for the period totalled £2750 comprising £300 for Autumn Workshop, Martin H expenses of £92.97, and D Ridley expenses of £49.65 and payment to Region £2308.35

The opening balance was £3607, the closing balance was £2359.48

£500 is continuously held as prudent reserve for running costs, £221 for Probation, £528 for Share Magazine, and it was agreed that £1133.03 should be sent to Region, voted unanimously.

Bank Details: L N K I G (note spaces between letters) sort code:09-01-51 account number 75609306

Health

Martin submitted a written report as follows: Green Parks has 8 volunteers giving ES&H along with newcomer packs and meeting finder coins. Around 3 patients on average per visit. PRUH has 8 volunteers in service every Thursday. Usually 6 patients seen bedside. Given newcomer packs and Meeting Finder coins. New GP Practice – 20 packs delivered to doctors across London and North Kent by LNKIG members. Another 20 to be distributed

House of Parliament – was good, and Martin has been invited to speak by one of the contacts he met at the function.

PI

Vic reported that he has been involved with the Met Police presentations.

Employment

Ian reported that he is making progress with the spreadsheet for a mailshot. Ian confirms he has 47 envelopes ready to go with a selection of 3 leaflets/ A4 posters. Still working on DHL, Wates, Laing O'Rourke and Murphy.

London Region South

Rob circulated minutes from the meeting of 14th June. Next meeting is 13th September.

Telephones (TLO)

Liz sent in a written report as follows: All fine. New recruits always needed. 1 year continuous sobriety minimum. Need 2 devices, smart phone and computer/tablet. Email ltts-volunteers@outlook.com. Essential to include your phone number so Deanne can get in touch. Tracie has done a new list which is working well.

Electronic Communications Liaison Officer (ECLO)

Rob is due to rotate out in March 2027, replacements please come forward.

Microsite remains up to date with any current info given. As always, if anybody has any suggestions please let Rob know. He is currently having discussions with the public health commissioners for Bromley about the possibility of having electronic versions of AA posters on TV screens in the waiting areas for GP surgeries etc.

Reminder of what is on website below:

- LNKIG Section of the AAGB website has the following:
 - Intergroup Home, where you will find an introduction to LNKIG and details of all 45 meetings within our Intergroup Area. A PDF list of these can be downloaded from [here](#).

- Who Do I Contact at LNKIG? Lists of all the serving officers along with email addresses.
- Minutes and Agendas for all LNKIG meetings since January 2024 are stored here. Useful for feeding info back to your groups or reminding yourselves what was discussed or voted on at a previous meeting.
- Joint Platform meetings lists all meetings that are shared by AA and Al-Anon. There is also a link to the Al-Anon website.
- Intergroup Service Vacancies and Other Opportunities: lists all current opportunities for service withing LNKIG. Job descriptions and sobriety requirements for each position have also been added here.
- New Meetings, Closures and Changes – where all changes to LNKIG meetings are made, usually before it is updated on the main meeting finder.
- Local Diary Dates is where you can find all AA related events taking place within the LNKIG area, including details of when the next intergroup meeting will be held. Details of the special monthly AA church service in Keston can also be found here.
- LNKIG Service Related Material is a page of resources for AA members. It contains free downloadable versions of literature that members can find easily.

Share Magazine

New Share Officer is required.

Probation/ Criminal Justice Liaison Officer Report

Peter provided a written report as follows: There has been continued support for AA across the piece. I have attended high level talks at Bromley Council where doors have been opened for me to pursue. I must now try the equivalent set up in Bexley. I must congratulate all members who attended the Met Police training at Croydon Police and Hendon Police training college coordinated by Russell the Region Probation Rep. Unfortunately I was ill or away for my two dates and thanks to Malcolm and others who stepped up. The other good news is that from July I will attend the Alcohol and Drug Referral Orders from the courts at CGL on a monthly basis with an ESH session and Q & A. I am looking for a woman coordinator for the female equivalent sessions which take place once a month on a Wednesday 2-3pm at CGL.

Armed Forces Liaison Officer Report

Donald reported that he has written to the London Borough of Bromley Armed Forces Covenant office offering information, support and awareness workshops and asking what they would think would work best for them. I have written to two army reserve bases. One is in Grove Park and this other is in Catford. I have made the same offer to them and await their response

Young Persons Liaison Officer Report

Luke submitted his report as follows: Talks: I have reached out and connected with 10 schools in relation to delivering talks to their students. One school is still showing interest in the new term for me and one other AA member to host 6 x 50 minute talks in one day once the summer holiday has been concluded. I have developed a standardised email to send to all schools in the LNKIG area making the contacting of establishments more efficient. Have also been developing a standardised presentation to assist with the talks (for individuals that benefit from more visual learning/to make sessions more interactive, which should be completed in the near future. I have created a list of schools and colleges in the areas that our Intergroup covers that have/have not been reached out to. I have made myself available for younger AA members, giving one to one talks and offering advice that helped me when I first came around. Aims for the upcoming period are to Get to more Young Persons meetings in the local area, attend more YPLO events.

For individual GSR updates on the status of various groups, please see appendix.

5. AOB

- Discussion regarding “educating” magistrates. Alastair to set up a group to find out how to push this upwards. Could be a question for conference.
- Nick to run with a new event
- Claire C discussed investigating meetings for the Deaf.

The date of the next meeting, to be held at The Salvation Army is Wednesday September 2nd at 8pm (first Wednesday of every other month).

Meeting closed with the Serenity Prayer.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name and ID	GSR in post	Report
1	Badgers Mount Sunday Morning (ID: 7489)	Yes Chloe	Update 8.7.26: All service positions filled. Busy meeting. Financially stable and recent contribution made to LNKIG.
2	Sidcup into Action Thursday Night (ID: 5269)	Yes Ben H	Update 8.7.26: All positions filled. Attendance consistent but lower level than historically. Finances in order but 6 months rent due in June so no funds available to send to LNKIG currently.
3	Keston Saturday Morning As Bill Sees It (ID: 8450)	Yes Kellie	Update 6.5.26: Always well attended and some newcomers. Financially solvent. All positions filled.
4	Bexleyheath Friday (ID: 1005)	Yes Nick C	Update 6.5.26: Financially keeping itself going. Newcomers regular which is brilliant, along with several fellows picking up 1 & 2 year chips. All service positions filled.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 7.1.26, 5.11.25, 3.9.25, 2.7.25, 7.5.25, 5.3.25, 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Frank	Update 8.7.26: Well attended, approximately 12 each week. Some new people. All positions filled. Recent GC and new secretary and chairfinder. My GSR service position comes up May 2027.
7	Bexleyheath Came to Believe Saturday Morning (ID: 6748)	Yes Martin B	Update 8.7.26: All positions are filled and well supported meeting. All rent paid to date.
8	Beckenham Discussion Tuesday Night (ID: 1002)	Yes Dee	Update 8.7.26: All service positions filled. Good attendance lots of regulars with long term society. Financially stable, now a Chit meeting.
9	Bromley CGL (was College Road) Monday Night (ID: 1009)	Yes Nicola	Update 8.7.26: Doing well, got money, nearly all positions filled. Move to CGL gone well, newcomers attending Chip and Chit meeting, attendance good.
10	Sidcup Wednesday Night (ID: 1051)	Yes Andy C	Update 8.7.26: All positions are filled and well attended. Financially stable, recently became a chit meeting.
11	Green St Green Sunday Lunchtime (ID:)	Yes Graham	Update 8.7.26: Attendance continues to be low resulting in problems filling service positions and rotating. A GC was held and it was decided to change the format to a Daily Reflections discussion group and reduce the meeting to 60 minutes instead of 90 minutes. The new format started on 5 th July.
12	Orpington Monday Night (ID: 3580)	Yes Alan	Update 8.7.26: All positions covered. The meeting is still struggling for numbers and is only just about able to cover costs. At a recent GC it was decided that for a trial period of 3 months the meeting would be reduced to an hour duration. The meeting will continue to start at the same time of 7.45pm. This commenced 6 th July.

13	Bromley Methodist Church Wednesday Night	Yes Bill	Update 8.7.26: Well attended now and all service positions covered, we are solvent, recently made a contribution to LNKIG, also getting newcomers who are coming back.
14	Bromley Stepping Stones Big Book Tuesday Night (ID: 5050)	Yes Martyn B	Update 6.5.26: The group has grown in recent months whilst remaining one of the smaller local meetings and is now very well attended with a good mixture of established sobriety and newer members to the Fellowship. A rent increase was negotiated down and the group is solvent. We are looking for a male and female greeter but all other positions are filled.
15	Beckenham Step Wednesday (ID: 5872]	Yes Natasha	Update 8.7. 26: Back from the brink last year. Healthy attendance and finances. Could do with volunteers for service positions available for GSR and fortnightly chairfinder.
16	Bromley Newcomers Burnt Ash Sunday Night (ID: 7316)	Yes Dave P	Update 8.7.26: Well attended with newcomers and lots of regulars. Financially good. All but 1 position filled.
17	Sidcup Sunday Night (ID:5769)	Yes Simon	Update 8.7.26:Well attended and all positions filled
18	Bromley Saturday Lunch at Bromley Methodist (ID:3311)	Yes Martin C	Update 8.7.26: Martin still covering GSR position. Meeting continues to go well. Attendance does fluctuate and some weeks we just about cover the rent, while on other occasions we get a little over to cover the needs of the meeting. However the meeting has a strong and committed group of trusted servants and regular members who make is set up and runs smoothly each week. The group always pulls together to ensure our financial commitments are met so we have not had to dip into our prudent reserve. We are currently looking for both a male and female greeter and a GSR. Other than those positions , all service roles are filled. The group continues to maintain a prudent reserve. Although our current income has not allowed us to build up surplus funds to pass to LNKIG at present, we continue to meet all of our financial commitments and remain financially stable.
19	Petts Wood Principles of Recovery Monday Night (ID: 9703)	Yes Nina	Update 8.7.26:All positions filled, very busy meeting. Financially stable and regular monies sent to LNKIG.
20	Bromley Friday Morning Salvation Army (ID: 7735)	Yes Abi	Update 7.1.26: New GSR.
21	Petts Wood Friday Night (ID:1046)	Yes Alastair	Update 8.7.26: Most recent meeting was well attended. GC imminent to appoint Secretary, male greeters, literature secretary.
22	Keston Monday Night Meditation (ID: 9705)	Yes Emma D	Update 8.7.26: Financially doing well, regular contributions sent to LNKIG. Well attended and often have Priory residents and newcomers attend. All service positions are full.

23	Thursday Night Hayes Step (ID:3395)	Yes Om	Update 8.7.26: Good attendance. Financially stable. All service positions filled. Prudent reserve and remaining sent to group.
24	Wednesday Bromley Common Chip Lunchtime (ID:9296)	Yes Dave N	Update 8.7.26: Attendance is a little erratic recently. However covering rent and teas/ coffees with just enough for a reserve. Greeters needed. Although everyone mucks in. GSR service position still vacant. All other positions filled.
25	Saturday Night Wellington Road Orpington Candlelit Meeting (ID: 9916)	Yes Theresa	Update 7.8.26: Well attended, provides chips and chits and also has a joint platform with Al-Anon on the last Saturday of every month. All service positions filled. Financially secure.
26	Tuesday Night – Dartford (ID: 1021)	Yes Nick P	Update 8.7.26: Well attended meetings. Looking for
27	Thursday Beckenham Lunchtime (ID: 5196)	Yes Sue	No update 7.1.26, 5.11.25, 3.9.25, 2.7.25, 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: Well attended and solvent.
28	Friday Night Eden Park, Beckenham (ID: 8163)	Yes Tracie	Update 8.07.26: All positions filled. Financially stable and able to send money to LNKIG. Busy meeting recently with a lovely mixture of early sobriety to long term sobriety.
29	Bromley Lunch Monday at Salvation Army (ID: 2604)	Yes Anne Marie	Update 8.7.26: Well attended, all service positions filled and financially stable.
30	Welling Wednesday (ID: 3586)	Yes Peter BG	No update 7.1.26, 5.11.25, 3.9.25, 2.7.25, 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Orpington Tuesday Morning Big Book (ID: 9471)	Yes Andy L	Update 6.5.26: Generally well attended with newcomers still frequently attending. All service positions filled, financially stable.
32	Keep it Simple Chislehurst Thursday Evening (ID:5628)	Yes John F	Update 8.7.26: Good steady stream of newcomers, financially stable, could do with more service positions filled. Otherwise all is well.
33	Bethlem Thursday Night (ID: 1003)	Yes Claire C	Update 8.7.26: All positions filled. Numbers are still averaging 30 plus with patients attending on a regular basis.
34	Bethlem Online Sunday	Yes Claire C	Update 5.11.25: Small core group with a few newcomers.
35	Keston Wednesday 6pm (ID: 9401)	No	Update 2.7.25: Adam is no longer GSR.
36	Swanley Wednesday (ID: 1054)	Yes Tim	Update: 8.7.26: Some service positions not filled. Good vibes.
37	There is a Solution, Saturday Night LGBTQIA+	Yes Emma	Update 8.7.26: Small meeting, most positions covered just looking for a setter upper and a second greeter. Financially stable and able to contribute small amounts to LNKIG.
38	Welling As Bill Sees It Monday (ID: 6937)	?	
39	Thamesmead Tuesday (ID: 697)	?	

40	Dartford Monday (ID: 1020)	?	
41	Dartford Wednesday (ID:9172)	?	
42	Dartford Saturday (ID:4106)	?	
43	Dartford Sunday (ID: 3843)	?	
44	Erith Sunday (ID: 2810)	?	
45	Sidcup Tuesday (ID: 1050)	?	