

London North Kent Intergroup of Alcoholics Anonymous
Minutes of Meeting held on Wednesday 6th May 2026 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome and apologies etc

Frank, standing in for Vic as Chair, opened the AGM at 8pm and welcomed all attendees.

In Attendance

Frank C - LNKIG Vice Chair /GSR Hayes Online
Alan N – LNKIG Treasurer/GSR Orpington Monday
Ros – LNKIG Secretary
Rob T – LNKIG ECLO/LNKIG Region Rep/GSR Bromley Common Wednesday Lunchtime Chip
Martin H – LNKIG Health Liaison Officer
Claire C – GSR Bethlem Thursday and Sunday Online
Simon A – GSR Sidcup Sunday
Natasha - LNKIG Region Rep/GSR Beckenham Wednesday
Nick P – GSR Dartford Tuesday
Dee – GSR Beckenham Tuesday
Dave P – GSR Burnt Ash Newcomers Sunday Night
Ian G –Employment Liaison Officer/GSR Sidcup Wednesday Night
Donald –LNKIG Armed Forced Liaison Officer
Bill – GSR Bromley Common Wednesday Night
Alastair – Petts Wood Friday
Tim E – LNKIG Prisons Liaison Officer/GSR Swanley Wednesday
Chloe – GSR Badgers Mount Sunday
Martin B – GSR Bexleyheath Saturday
Luke W – YPLO
Emma – There's a Solution LGBT+
Abi – Bromley Friday
Lillie B – Visitor

Apologies

Vic – LNKIG Chair/PI Liaison

Nicola – GSR Bromley Monday Night College Road
Peter – LNKIG Probation Liaison Officer/Region Rep
Nina G – GSR Petts Wood Monday
Emma D – GSR Monday Keston Meditation
Om – Hayes Thursday Evening
Martyn B – Incoming GSR Bromley Tuesday Big Book Study
Tracie – GSR Eden Park Friday Night
Kellie – GSR Keston Saturday
Theresa B – GSR Orpington Saturday Evening
Graham P – GSR Orpington Sunday
Nick C – GSR Bexleyheath Friday

Ann-Marie – GSR Monday Lunchtime Salvation Army
Ben H – Sidcup Into Action, Thursday
Martin C – GSR Bromley Saturday Lunchtime (outgoing)
John F – GSR Chislehurst
Andy L – Wellington Road Tuesday Morning

Twelve Traditions – Read by various members of the committee.

Silence for the still suffering alcoholic

Introductions of New GSRs

Welcome to Alastair, new GSR for Petts Wood Friday; and Abi new GSR for Bromley Friday lunchtime.

2. Minutes of last meeting approved

Minutes of the previous meeting (AGM) held on 8th March were approved. Proposed by Nick, Seconded by Martin H.

3. Vacancies

It was noted that the following positions are available:

- PI – Vic needs to rotate out of PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage, working within the Outreach Sub-committee.
- Share Magazine
- Treasurer – Alan needs to rotate out of Treasurer position. Expressions of interest as soon as possible, 2 years sobriety required.

4. Matters Arising

- Convention 2026: Martin reported that the LNKIG Spring Convention went really well, with 80-100 attendees. Profit of £340 to be used to buy literature for next years convention.
- Autumn Workshop 2026 (previously known as October Workshop). Date confirmed as 24th October. Usual venue (Emmanuel Church, Sidcup). There will be one speaker on the 12 Steps.
- Questions For Conference – Results of Conference have now been circulated.
- Martin H distributed 20 GP packs for delivery by appropriate attendees.

5. Officer reports

Chair

Vic submitted a report as follows: The financial position of AAGB is improving. Our continuing work with Oxleas Mental Health Department involved some workshops at Kings College, Goldie Leigh and Hope Hospital Shooters Hill. Attended GSO York for conference, some interesting information.

Vice Chair

Nothing to report

Secretary

Nothing to report

Treasurer

The Treasurer's Report for the period from 2nd March 2026 to 3rd May 2026 was presented to the committee. The report advised that income for the period was £2350 with contributions as follows:

Wilmington Sunday	£100
Keston Saturday	£100
Sidcup into Action	£300
Keston Wednesday	£50
Beckenham Tuesday	£200
Eden Park Thursday	£100
Badgers Mount	£300
Keston Monday	£200
Petts Wood Monday	£100
LGBT+	£20
Individuals	£191
Convention Receipts	£689

Outgoings for the period totalled £3189 comprising £150 for Newcomers Pack, £342 venue fee for convention 2026 and payment to Region £2697.

The opening balance was £4446, the closing balance was £3607.

£500 is continuously held as prudent reserve for running costs, £221 for Probation, £528 for Share Magazine, £49.65 for Prison Liaison expenses and it was agreed that £2308.35 should be sent to Region, voted unanimously.

Bank Details: L N K I G (note spaces between letters) sort code:09-01-51 account number 75609306

Health

Martin submitted a written report as follows: Green Parks has 8 volunteers giving ES&H along with newcomer packs and meeting finder coins. Around 6 patients on average per visit. PRUH has 1 new volunteer awaiting DBS checks still. Once cleared he will join the other 7 volunteers in service every Thursday. Usually 3 to 4 patients seen bedside. Given newcomer packs and Meeting Finder coins. 17th April was part of AA presentation to student doctors at Goldie Leigh hospital. New GP Practice – 20 packs to be delivered to doctors across London and North Kent by LNKIG members.

PI

No report

Employment

Ian reported that he is making progress with the spreadsheet for a mailshot.

London Region South

Natasha reported that there was a meeting on 8th March

Telephones (TLO)

Liz sent in a written report as follows: All fine, we have a new volunteer from LNKIG who has started doing shifts and is doing really well. All slots covered so far. New recruits always needed. 1 year continuous sobriety minimum. Need 2 devices, smart phone and computer/tablet. Email ltts-volunteers@outlook.com. Essential to include your phone number so Deanne can get in touch.

Electronic Communications Liaison Officer (ECLO)

Microsite remains up to date with any current info given. As always, if anybody has any suggestions please let Rob know. He is currently having discussions with the public health commissioners for Bromley about the possibility of having electronic versions of AA posters on TV screens in the waiting areas for GP surgeries etc.

Reminder of what is on website below:

- LNKIG Section of the AAGB website has the following:
 - Intergroup Home, where you will find an introduction to LNKIG and details of all 45 meetings within our Intergroup Area. A PDF list of these can be downloaded from [here](#).
 - Who Do I Contact at LNKIG? Lists of all the serving officers along with email addresses.

- Minutes and Agendas for all LNKIG meetings since January 2024 are stored here. Useful for feeding info back to your groups or reminding yourselves what was discussed or voted on at a previous meeting.
- Joint Platform meetings lists all meetings that are shared by AA and Al-Anon. There is also a link to the Al-Anon website.
- Intergroup Service Vacancies and Other Opportunities: lists all current opportunities for service withing LNKIG. Job descriptions and sobriety requirements for each position have also been added here.
- New Meetings, Closures and Changes – where all changes to LNKIG meetings are made, usually before it is updated on the main meeting finder.
- Local Diary Dates is where you can find all AA related events taking place within the LNKIG area, including details of when the next intergroup meeting will be held. Details of the special monthly AA church service in Keston can also be found here.
- LNKIG Service Related Material is a page of resources for AA members. It contains free downloadable versions of literature that members can find easily.

Share Magazine

New Share Officer is required.

Probation/ Criminal Justice Liaison Officer Report

Peter provided a written report as follows: Visited CGL service to find a quite a few people in recovery working in situ. A new women's group is planned with Nichola and friends taking a lead. This is particularly for victims of domestic violence who do not want to attend mixed groups. I have been shown around Bromley Custody Suite with interest from the DI in charge. I am involved with training recruits to the Met. There is a schedule planned in Croydon and Hendon in May/June. All London Regions slots are covered by Criminal Justice Officers from all of the Regions intergroups. Probation is still a slow starter but the CJ trustees have ongoing dialogue with the Home Office to get AA into some pilot probation programmes. There was a good presentation given by the trustees at conference, apparently Scotland is way ahead in terms of best practice by linking all points of the Criminal Justice system with AA.

Armed Forces Liaison Officer Report

Donald reported that a zoom meeting had taken place to discuss plans and coordination for Armed Forces Day. There is a specific Armed Services 12 Step List. RASLO's and ASLO's can obtain the list for their region by contacting the Regional TLO. Active efforts are underway to establish or maintain contact with specific stations. There is a clear move towards sharing best practices between Regions.

Young Persons Liaison Officer Report

Luke submitted his report as follows: I have connected with many YPLO's to gain a greater understanding of the YPLO role and to get best practices/what actions should be taken to help

younger AA member. Have been developing a list of contacts that are willing to help with talks, 12 step calls and other services to help in particular young people (22 on list so far). Have been working with the YPLO from SELIG to start a Young Persons meeting on zoom. We are currently in communication with a secondary school in Bromley that would be interested for a talk to be hosted on drugs and alcohol during an assembly period. Date tbc. Aims: To get to more YPLO meetings, attend more YPLO events, reach out to more schools to arrange talks.

For individual GSR updates on the status of various groups, please see appendix.

5. AOB

Rob advised that there is a CGL Open Day on 25th June for all professionals.

The date of the next meeting, to be held at The Salvation Army is Wednesday July 1st at 8pm (first Wednesday of every other month).

Meeting closed with the Serenity Prayer, led by Lillie.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name and ID	GSR in post	Report
1	Badgers Mount Sunday Morning (ID: 7489)	Yes Chloe	Update 6.5.26: Financially good and we have started seeing visitors and newcomers from The Priory again which is great. All service positions filled apart from Car Park and a few service positions are due for rotation in June. The meeting is well attended.
2	Sidcup into Action Thursday Night (ID: 5269)	Yes Ben H	Update 6.5.26: All well. Service posts filled and financially solvent. Sent a contribution to IG after the last GC and hope to do again in early June.
3	Keston Saturday Morning As Bill Sees It (ID: 8450)	Yes Kellie	Update 6.5.26: Always well attended and some newcomers. Financially solvent. All positions filled.
4	Bexleyheath Friday (ID: 1005)	Yes Nick C	Update 6.5.26: Financially keeping itself going. Newcomers regular which is brilliant, along with several fellows picking up 1 & 2 year chips. All service positions filled.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 7.1.26, 5.11.25, 3.9.25, 2.7.25, 7.5.25, 5.3.25, 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Frank	Update 6.5.26: Well attended, usually around 15. LNKIG bank details circulated weekly. Some excellent chairs. All service positions filled. GC in May to rotate secretary.
7	Bexleyheath Came to Believe Saturday Morning (ID: 6748)	Yes Martin B	Update 6.5.26: Solid attendance, plenty of money in the pot, all positions filled. Lots of newcomers. Average attendance is 70 plus.
8	Beckenham Discussion Tuesday Night (ID: 1002)	Yes Dee	Update 6.5.26: Well attended. Card machine for Tradition 7 now introduced. All positions currently filled, chairfinders service will be vacant in the next few weeks. Financially stable.
9	Bromley CGL (was College Road) Monday Night (ID: 1009)	Yes Nicola	Update 6.5.26: Struggling financially, numbers down, moving venue on 18 th May
10	Sidcup Wednesday Night (ID: 1051)	Yes Andy C	Update 6.5.26: Numbers steady with a good mix including newcomers. Financially stable. Rent paid. All service positions covered.
11	Green St Green Sunday Lunchtime (ID:)	Yes Graham	Update 6.5.26: Low attendance at most meetings. GSRS have been asked to raise this at their meetings for extra support.
12	Orpington Monday Night (ID: 3580)	Yes Alan	Update 6.5.26: The numbers attending the meeting have declined and is need of some support. Soon will not be able to cover costs if the number of attendees does not increase. All service positions covered.
13	Bromley Methodist Church Wednesday Night	Yes Bill	Update 6.5.26: Well attended with regulars and newcomers all service positions filled, we are solvent and will be making a contribution to LNKIG soon.

14	Bromley Stepping Stones Big Book Tuesday Night (ID: 5050)	Yes Martyn B	Update 6.5.26: The group has grown in recent months whilst remaining one of the smaller local meetings and is now very well attended with a good mixture of established sobriety and newer members to the Fellowship. A rent increase was negotiated down and the group is solvent. We are looking for a male and female greeter but all other positions are filled.
15	Beckenham Step Wednesday (ID: 5872]	Yes Natasha	Update 6.5.26: Has made a good recovery, well attended. Most positions filled, new Tea position available. Also GSR to be rotated. Financially solvent.
16	Bromley Newcomers Burnt Ash Sunday Night (ID: 7316)	Yes Dave P	Update 6.5.26: Well attended with newcomers and lots of regulars. Financially good. All but 1 position filled.
17	Sidcup Sunday Night (ID:5769)	Yes Simon	Update 6.5.6: Financially stable, well attended. Almost all service positions filled.
18	Bromley Saturday Lunch at Bromley Methodist (ID:3311)	Yes Martin C	Update 6.5.26: The meeting is self-supporting and we maintain a prudent reserve. At present, we are just about covering our costs, including literature, rent, teas and coffees, while keeping a small reserve. When funds build beyond this we pass contributions to Intergroup. All service positions are currently filled. Meeting to become a Chit meeting.
19	Petts Wood Principles of Recovery Monday Night (ID: 9703)	Yes Nina	Update 6.5.26: Very well attended, all positions filled, financially stable.
20	Bromley Friday Morning Salvation Army (ID: 7735)	Yes Abi	Update 7.1.26: New GSR.
21	Petts Wood Friday Night (ID:1046)	Yes Alastair	Update 6.5.26: Financially stable, all service positions filled except male greeter. Good attendance with a mixture of old timers and newcomers.
22	Keston Monday Night Meditation (ID: 9705)	Yes Emma D	Update 6.5.26: Meeting going well, good attendance, self-supporting and we often have newcomers. All service positions are full.
23	Thursday Night Hayes Step (ID:3395)	Yes Om	Update 6.5.26: Well attended, financially stable and all positions filled.
24	Wednesday Bromley Common Chip Lunchtime (ID:9296)	Yes Dave N	Update 6.5.26: Generally well attended. Financially stable. Vacancies are GSR and female greeter. All other positions filled.
25	Saturday Night Wellington Road Orpington Candlelit Meeting (ID: 9916)	Yes Theresa	Update 6.5.26: Well attended, provides chips and chits and also has a joint platform with Al-Anon on the last Saturday of every month. All service positions filled. Financially secure.
26	Tuesday Night – Dartford (ID: 1021)	Yes Nick P	Update 6.5.26: Meeting very well attended lots of new comers, all positions are filled, financially solvent.
27	Thursday Beckenham Lunchtime (ID: 5196)	Yes Sue	No update 7.1.26, 5.11.25, 3.9.25, 2.7.25, 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: Well attended and solvent.

28	Friday Night Eden Park, Beckenham (ID: 8163)	Yes Tracie	Update 6.5.26: Financially solvent, rent paid etc. All service positions filled, good core group with regular visitors and newcomers. Candlelit and friendly.
29	Bromley Lunch Monday at Salvation Army (ID: 2604)	Yes Anne Marie	Update 6.5.26: Well attended, all service positions filled and financially stable.
30	Welling Wednesday (ID: 3586)	Yes Peter BG	No update 7.1.26, 5.11.25, 3.9.25, 2.7.25, 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Orpington Tuesday Morning Big Book (ID: 9471)	Yes Andy L	Update 6.5.26: Generally well attended with newcomers still frequently attending. All service positions filled, financially stable.
32	Keep it Simple Chislehurst Thursday Evening (ID:5628)	Yes John F	Update 6.5.26: Good attendance, service positions filled, good stream of newcomers, financially sound.
33	Bethlem Thursday Night (ID: 1003)	Yes Claire C	Update 6.5.26: All positions filled. Numbers are still averaging 30 plus with patients attending on a regular basis.
34	Bethlem Online Sunday	Yes Claire C	Update 5.11.25: Small core group with a few newcomers.
35	Keston Wednesday 6pm (ID: 9401)	No	Update 2.7.25: Adam is no longer GSR.
36	Swanley Wednesday (ID: 1054)	Yes Tim	Update: 6.5.26: Numbers getting better. All good.
37	There is a Solution, Saturday Night LGBTQIA+	Yes Emma	Update 6.5.26: Three service positions available: chip celebrant, setter upper and second greeter). Meeting is well attended, around 10 to 20 per week. Book study and 1 chair per month with fellowship after has been well received. Pot is steadily building allowing us to be well stocked with literature.
38	Welling As Bill Sees It Monday (ID: 6937)	?	
39	Thamesmead Tuesday (ID: 697)	?	
40	Dartford Monday (ID: 1020)	?	
41	Dartford Wednesday (ID:9172)	?	
42	Dartford Saturday (ID:4106)	?	
43	Dartford Sunday (ID: 3843)	?	
44	Erith Sunday (ID: 2810)	?	
45	Sidcup Tuesday (ID: 1050)	?	