



All AA Meetings in Bournemouth & District

= Wheelchair accessible.

= Chits available.

Meetings & Intergroup website

IN PERSON MEETINGS

SUNDAY

Bournemouth St Swithun's

The Tudor Hall, St Swithun's Church, Gervis Road, Bournemouth. BH1 3ED
Time: 13.30, Duration: 1 hour 15 mins (*doors open @ 1pm*)
1st Sunday of each month is 'Open'. All other weeks 'Closed'.

Somerford Spiritual Meeting

Somerford Arc, 20 Southey Road, Somerford. BH23 3EH
Time: 18.00, Duration: 1 hour 15 mins. (*Doors open 17.30*)
All meetings are 'Closed'.

Damerham Sunday Sobriety

Damerham Village Hall, Damerham, Fordingbridge. SP6 3HD
Time: 18.30, Duration: 1 hour 15 mins.

Boscombe Sunday

BH1 Project, 107 Palmerston Road, Boscombe. BH1 4HP
Time: 19.45, Duration: 1 hour 15 mins.
Last Sunday of month is 'Open'. All other weeks are 'Closed'.

Winton Methodist Church Hall

125 Alma Road, Winton, Bournemouth. BH9 1DE
Time: 20.00, Duration: 1 Hour 15 mins.
Last Sunday of month is 'Open'. All other weeks are 'Closed'.

MONDAY

Charminster Spiritualist Church - Living Sober

207 Charminster Rd, Charminster, Bournemouth. BH8 9QQ
Time: 12.00, Duration: 1 Hour 15 mins.
All meetings are 'Open'. (Regrettably No Dogs).

Boscombe Monday

Boscombe Baptist Church Hall, 26 Palmerston Road, Boscombe, Bournemouth. (*Opposite the BP garage*)
Time: 19.30, Duration: 1 hour 30 mins. Postcode: BH1 4HS

Bournemouth Sacred Heart Monday

Sacred Heart Church, 1 Albert Rd, Bournemouth. BH1 1BZ
Time: 19.30, Duration: 1 hour 15 mins.

Christchurch Big Book Meeting

Portfield Community Hall, Portfield Rd, C'church. BH23 1QT
Time: 19.45, Duration: 1 Hour 15 mins.

Pokesdown St James Church (Share)

Christchurch Road, Pokesdown Hill, Bournemouth. BH7 6DW
Time: 19.45, Duration: 1 Hour 15 mins
No vaping inside, Regrettably No Dogs, Parking available.

TUESDAY

Boscombe Nooners @ The First 164

Boscombe Baptist Church Hall, 26 Palmerston Road, Boscombe. (*Opposite the BP garage*).
Time: 12.30, Duration: 1 hour 15 mins. Postcode: BH1 4HS
All meetings are 'Open'. Some parking & disabled parking.

Christchurch Women in Recovery

St Joseph's Church Hall, 67 Purewell. C'church. BH23 1EH
Time: 12.30, Duration: 1 hour 15 mins
All meetings are 'Open'. Parking available.

Bournemouth Beginners

The Night Shelter, 10 St.Paul's Lane, Bournemouth. BH8 8AJ
Time: 19.30, Duration: 1 hour.
All meetings are 'Open'. Strictly no dogs except service dogs.

Mudford Men's Step & Tradition Tuesday

Stanpit Village Hall, 162 Stanpit, Christchurch. BH23 3NE.
Time: 19.30. Duration: 1 hr. (*Use Right Hand Side Entrance*)

Verwood As Bill Sees It

Verwood Methodist Church, Vicarage Rd, Verwood. BH31 6DR
Time: 19.30. Duration: 1hr 15mins. *All meetings are 'Open'.*

Bournemouth 12 Step Study

City Gate Church, Tuckton Rd, Southbourne. BH6 3HT.
Time: 19:45, Duration: 1 hr 15 mins.
Last Tuesday each month is 'Open'. All other weeks 'Closed'.

Kinson AA - There Is A Solution

St Andrew's Church, Millhams Road, Kinson. BH10 7LN.
Time: 19.30, Duration: 1 hour 15 mins.
Last Friday each month is 'Open'. All other weeks 'Closed'.

WEDNESDAY

Bournemouth Big Book Study Wednesday

Charminster Spiritualist Church, 209 Charminster Rd, Charminster, Bournemouth. BH8 9QQ.
Time: 12.00. Duration: 1hr 15mins. *All meetings are 'Open'.*

Bournemouth Young Persons AA **(*NEW VENUE*)**

Boscombe Baptist Church Hall, 26 Palmerston Road, Boscombe, Bournemouth. (*Opposite the BP garage*)
BH1 4HS
Time: 7pm to 8.15. *All meetings 'Open'. Ages 30 & younger.*

Pokesdown St James Church (Share)

Christchurch Rd, Pokesdown Hill, Bournemouth. BH7 6DW.
Time: 19.45. Duration: 1hr 15mins. *Parking available.*

Christchurch Stanpit Meeting

Stanpit Village Hall, 162 Stanpit, Christchurch. BH23 3NE.
(*Use Right Hand Side Entrance*).
Time: 19.45. Duration: 1hr 15mins.
Last week of each month is 'Open'. All other weeks 'Closed'.

Ringwood Wednesday

Ringwood Methodist Church, 5 Christchurch Road, Ringwood (*Use Side Entrance*). Postcode: BH24 1DG.
Time: 19.45. Duration: 1hr 15mins. *All meetings are 'Open'.*

THURSDAY

Bournemouth Bearwood

Bearwood Community Centre, King John Ave, Bournemouth
Time: 19:00. Duration: 1 hour. Postcode: BH11 9TF.

Charminster Thursday

St Albans Church Lounge, 21 Linwood Rd, Charminster, (*Entrance via Fitzharris Avenue*). Postcode: BH9 1DW.
Time: 19.45. Duration: 1 hour 15 mins

Southbourne General Share

City Gate Church, Tuckton Rd, Southbourne. BH6 3HT.
Time: 19:45. Duration: 1hr 15mins.

St Leonards (formerly West Moors)

St Leonards & St Ives Village Hall, Braeside Rd, St Leonards, Ringwood. BH24 2PH
Time: 19.45. Duration: 1hr 15mins. *Parking at rear.*
4th week each month is 'Open', other weeks 'Closed'.

Christchurch Scouts' Hut

Stanpit, Christchurch. BH23 3LY
Time: 20.15. Duration: 1hour 15mins.
For directions: Google Map search 'Stanpit March car park'.

FRIDAY

Christchurch The Steps We Took Friday

St Joseph's Church, 67 Purewell, Christchurch. BH23
Time: 12.00. Duration: 1hr 15mins. *Parking available.*

Westbourne Women's Steps & Traditions Meeting

Westbourne Baptist Church, Poole Rd, Bournemouth
Time: 12.30. Duration: 1hr 30mins. *All meetings are 'Open'.*
Postcode: BH4 9DN

Bournemouth BH1 Akron House

BH1 Project, 107 Palmerston Rd, Bournemouth. BH1 4HP.
Time: 15.00. Duration: 1 hour 15 mins
All meetings are 'Closed' (can be 'Opened' on request).

Bournemouth Big Book Step

Our Lady Immaculate Church Hall, 33 Seamoore Rd,
Westbourne. BH4 9AE.
Time: 19.00. Duration: 1 hour

Kinson Friday

St Andrew's Church, Millhams Road, Kinson, BH10 7LN.
Time: 19.30. Duration: 1hr 15mins.
Last Friday of each month is 'Open'. All other weeks 'Closed'.

Pokesdown St James Church (Share)

This meeting ended on 12.6.2026

Boscombe Baptist Church

Boscombe Baptist Church Hall, 26 Palmerston Rd. BH1 4HS.
(Opposite the BP Garage). (Doors open at 7.45pm)
Time: 20.00. Duration: 1hr 15mins. *All meetings are 'Open'.*

SATURDAY

Bournemouth Back to Basics

The Night Shelter, St Paul's Lane, Bournemouth. BH8 8AJ
Time: 10.30. Duration: 1hr 10mins. *All meetings are 'Open'.*

SATURDAY

Christchurch Joys of Recovery

St Georges Church Hall, 2a Jumpers Road, Christchurch
Time: 17.00. Duration 1hr 15mins. Postcode: BH23 2JR
All meetings are 'Open'. Parking available

Bournemouth Saturday Big Book Study

St Albans Church Lounge, 21 Linwood Road, Bournemouth
(Entrance via Fitzharris Avenue). Postcode: BH9 1DW.
Time: 18.00. Duration: 1hour (On last week each month there is an 'Open' Big Book Workshop at 4:30pm - 5.30pm).

ONLINE MEETINGS

SUNDAY

Bournemouth A Second Chance Saturday

Iford United Reform Church, Ropley Road, Bournemouth
Time: 14.00. Duration: 1hr 15mins. *Parking available.*
Postcode: BH7 6RU.

Bournemouth One Day At A Time (Online Share Meeting)

Time: 10.30 (Room opens 10.15). Duration: 1 hr 15 mins.
Please identify yourself with a Name. All meetings 'Closed'.
To join please go to: <https://zoom.us/join>
ID: 803 187 486, Password: 009084.

Super Sunday Online (Online)

Time: 18.30 to 20.00, Duration: 1hr 30 mins.
All meetings are 'Open'.
To join please go to: <https://zoom.us/join>
ID: 841 7337 4360, Password: serene12

MONDAY

South-West Region "How We See It" - AA Traditions, Concepts, History & Legacy Workshop.

Time: 19.30. Duration: 1 hour. *All meetings are 'Closed'.*
To join please go to: <https://zoom.us/join>
Meeting ID: 985 8760 8757. Passcode: 224037
(Meeting ID from 02/01/2023: 843 9276 1137)

IN PERSON AA Meetings: To attend an AA meeting about alcoholism, simply turn up. There is no need to contact anyone in advance unless it specifically states so. All meetings are 'Closed' unless otherwise stated. Read the section below on 'Open' and 'Closed' AA Meetings to find out if you can attend an 'Open' or 'Closed' meeting.

ONLINE AA meetings:

Anyone wishing to attend any of these meetings about alcoholism can simply log on. There is no need to contact anyone in advance unless it specifically states so but before attending, please see the section on 'Open' and 'Closed' AA meetings below.

TRADITION 7 may be collected as normal and paid to the Group's Treasurer or direct to:

-Bournemouth and District Intergroup

-Sort Code: 08-92-99

-Account Number: 65724729

AA Definitions of 'Open' and 'Closed' Meetings:

"The 'Closed' Meeting is intended for alcoholics and for those with an alcohol problem who have a desire to stop drinking".

"The 'Open' Meeting is intended for alcoholics and non-alcoholics e.g. family, friends and anyone interested in AA".

(If a non-alcoholic wishes to attend a 'Closed' meeting they can ask for it to be changed to an 'Open' meeting subject to the group conscience on the day: i.e. subject to its own conscience, the group can decide to make a meeting 'Open' if it wishes to, in which case the non-alcoholic can stay).

Call the **Local AA Helpline** on: **(01202) 296000** (open 24/7)

Call the **National AA Helpline** on: **0800 917 7650** (open 24/7)

Online Chat support at: <https://www.alcoholics-anonymous.org.uk> (open 24/7)

Email our Support Team at: help@aamail.org (open 24/7)

Find a Newcomer's Starter Pack here: <https://www.alcoholics-anonymous.org.uk/about-aa/newcomers/starter-pack>

(Updated 5 July25)