

London North Kent Intergroup of Alcoholics Anonymous
Minutes of the Meeting held on Wednesday 7th May 2025 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome, introductions, apologies etc

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

In Attendance

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday
Ros – LNKIG Secretary/Region Rep
Dave N – GSR Gravel Road Wednesday
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip
Claire C – GSR Bethlem Thursday and Sunday Online
Simon A – GSR Sidcup
Alan N – LNKIG Treasurer/GSR Orpington Monday
Natasha – GSR Beckenham Wednesday
Michael – GSR Badgers Mount Sunday
Zehra D – Representative for Bromley Monday Night (for Nicola)
Tracie – GSR Bromley Stepping Stones Tuesday Night
Nick P – LNKIG ELO/GSR Dartford Tuesday
Martin H – Health Liaison Officer
Ian G – GSR Sidcup Wednesday Night
Martin C – Bromley Saturday Lunchtime
Tim E – GSR Swanley Wednesday
Nina G – GSR Petts Wood Monday
Dee – Beckenham Tuesday
John F - Chislehurst

Apologies

Malcolm M – LNKIG Vice Chair
Dave P – GSR Burnt Ash Newcomers Sunday Night
Frank C – LNKIG Share Magazine Liaison
Peter M – GSR Keston Saturday
Theresa B – GSR Orpington Saturday Evening
Anna – Petts Wood Friday
June – GSR Bexleyheath
Ian The Hat – GSR Hayes Online Sunday
Jacky – GSR Friday Salvation Army/GSR SPOC
Ann-Marie – GSR Monday Lunchtime Salvation Army
Om – Hayes Thursday Evening
Andy L – Wellington Road Tuesday Morning
Adam H - Keston Wednesday 6pm
Ben H – Sidcup Into Action, Thursday

Annie –GSR Thursday Hayes Step
Jill H – GSR Sidcup Wednesday Women's Meeting
Nicola – GSR Bromley Monday Night College Road
Sian – GSR Monday Keston Meditation
Graham P – GSR Orpington Sunday

Not in attendance

Sue – Beckenham Thursday
Patricia M – GSR Sidcup Sunday
Peter BG – GSR Welling Wednesday
Gina – YPLO

Twelve Traditions – Read by various members of the committee.

Silence for the still suffering alcoholic

Introductions of New GSRs

Dee was introduced as new GSR of Beckenham Tuesday Night; and John F was introduced as new GSR of Chislehurst Keep it Simple meeting. Martin C is back as GSR for Bromley Saturday Lunchtime.

2. Minutes of last meeting approved

Minutes of the previous meeting held on 5th March 2025 were approved. Proposed by Simon, Seconded by Nick.

3. Vacancies

It was noted that the following positions are available:

- Region Rep – Rob T put himself forward as third Region Rep, and he was voted in unanimously.
- PI – Vic can step down as PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage.
- Prison Liaison Officer – no prisons in area but could work closely with other areas. If anybody is interested, please note that Michael is Regional Prisons Liaison Officer and would be happy to talk through what it would involve.
- Armed Services Officer – please ask at Groups if there is anybody with a background in the armed forces who would like to get involved.
- Probation Liaison Officer – Peter has put himself forward for this role, following the successful involvement with probation services in Beckenham. Unanimous

vote for Peter to take up role.

4. **Matters Arising**

- Convention 2025 - Ros advised the Convention was held on March 22nd and that 75 people bought tickets ie £720 in ticket sales. She will report formally at the next IG meeting regarding final costs. Ros has now rotated out as Convention Chair, and the meeting was delighted to hear that Martin H has taken up the role.
- Autumn Workshop 2025 (previously known as October Workshop) – this is to take place on 1st November in Sidcup. Nick reported that the theme would be Unity, Service and Recovery. The Workshop is to have free entry again, but due to increasing numbers, attendees will have to book their ticket in advance.
- Questions For Conference – Vic advised that the Preliminary Results are now available on the Website.
- 12 Stepper List – Vic circulated copies of a form to collate volunteers for this list. It was requested that GSRs will go back to their Groups with the form for people to sign up. The existing List is out of date and needs reinvigorating. If anybody wants to go on the list, please send your details to Vic.
- A discussion took place regarding the use of CVs for applications for positions at Intergroup. If anybody has a proposal to formalise this (eg if the Intergroup feel that CVs should only be used if two or more people have put themselves forward for a position) , it should be submitted by next meeting.
- The Blue Chips have been a huge success and Region have paid for 6000 to be distributed amongst the Intergroups. Martin held 1000 Blue Chips, of which he has requested 400 for hospitals. 100 are to go to Probation Services, 100 to CGL and 100 to the Police. The remainder can be requested.
- A discussion was held over the possibility of purchasing an electronic payment machine to be used at Conventions or any other place where money is being taken. Rob and Martin H are to look into this, with the view of having one available for the 2026 March Convention.

5. Officer reports

Chair

Nothing further to report this time

Vice Chair

Nothing further to report this time.

Secretary

Nothing to report this time.

Treasurer

The treasurer's report for the period from 4th March 2025 to 5th May 2025 was presented to the committee. The report advised that income for the period was £2310 with contributions as follows:

Bromley Friday	£400
Gravel Road	£200
Hayes Thursday	£250
Badgers Mount	£600
Beckenham Tuesday	£300
Petts Wood Friday	£200
Bromley Saturday	£200
Keston Wednesday	£160
Holy Trinity Wednesday	£50

Outgoings for the period totalled £1635.53, comprising a payment to Region of 963.73; £10.80 for postage for magazines, £100 for newcomers packs for the PRUH, and the Convention Venue payment of £561.

The opening balance was £1963.73, the closing balance was £2638.20

£500 is continuously held as prudent reserve for running costs, and £500 to be held back to cover the literature costs. Alan proposed that £1638.20 should to be sent to Region; Ros Seconded.

Health

Martin reported that all 8 volunteer positions are filled for the PRUH. 1 new volunteer cycled in last month. 7 positions filled at Green Parks. 3 new volunteers cycling into positions next month (just finishing training). All visits going well. PRUH has been quiet last 3 weeks but on average 3 patients per week being visited. Literature and Share Magazines being used across both hospitals along with the new Blue Chips. Roller banners in Bethlem and awaiting Beckenham Beacon deployment.

PI

Vic reported that the council waste sticker project is moving slowly. He also reported that the police custody suite project is progressing well. New initiative for outreach with The Salvation Army underway.

Employment

Nick reported that Trade Unions are distributing literature. He also advised that there is an initiative underway to engage with communities in Bexley.

London Region South

Ros reported that the next Region Meeting was being held on 8th June. Minutes from the meeting of 9th March can be requested from Ros.

Telephones (TLO)

Liz sent in a written report as follows: All shifts covered so far. Many thanks to those who continue to do service and those who have stepped in when there has been a gap. Always happy to hear from those who have done the training and willing to be asked to cover. Also happy to hear from anyone that wants to do the training and wants to know more. Please continue to keep members of your groups informed about training service. Once again thanks for all those who have come forward and those that carried this message.

Electronic Communications Liaison Officer (ECLO)

Rob reported that the AA Pulse Survey is now in circulation. The first one is to be filled out by Groups and needs to be submitted by 31st May. The Second Survey is an individual survey and will be circulated soon.

Young Persons Liaison Officer (YPLO)

No report from Gina this meeting, however last meetings report is outlined below for information:

- Signposting young members to specific YPAA resources.
- National YPLO training and being sponsored into the role from more experienced YPLOS.
- Helping with the YP room at the AA Convention.
- Currently in discussion with other London YPLOs about a potential London YPAA convention
- Currently prepping for school service. If anybody has any contacts in schools, Gina can send in volunteers to speak about AA.
- Working with some other YPLOs to come up with some best practice around minors in meetings because current safeguarding is very vague.
- Supporting the European Young Persons in AA Conference in Glasgow this year. If you have any YP members who would be interested, the website is <https://eurypaaglasgow2025.org>

Share Magazine

No report this time.

For individual GSR updates on the status of various groups, please see appendix.

6. AOB

None

The date of the next meeting, to be held at The Salvation Army is Wednesday 2nd July 2025 at 8pm.

Meeting closed with the Serenity Prayer.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes Michael	Update 7.5.25: Well attended, financially stable, and all positions filled.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 7.5.25: All service positions covered except tea making which could do with some additional support if anyone is looking for service. Relatively well supported and self-supporting now that we have moved across to smaller room post rent rises.
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 7.5.25: Steady group, good mix of new and old hands. Solvent contributing to Intergroup. All positions filled.
4	Wednesday Lunchtime Bromley Big Book Study Gravel Road	Yes Dave N	Update 7.5.25: Solid core of regulars with occasional newcomers. Self-supporting with regular contributions to Intergroup. All service positions filled.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 7.5.25, 5.3.25, 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	No update 7.5.25. Update 5.3.25: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 1 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has experienced a number of recent severe Zoom bombing attacks. The group has put in a number of new safe guarding procedures (by group conscience) however this may have made AA slightly less attractive to newcomers or late comers

			but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 7.5.25: All positions filled well attended, great mix of newcomers and the more experienced. Chit system in place, local outreach efforts happening.
8	Beckenham Discussion Tuesday Night	Yes!! Dee	New GSR in place. No update 5.3.25, 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	Yes Nicola	Update 7.5.25: Well attended, all positions filled. Self-supporting and now a chit meeting.
10	Sidcup Wednesday Night	Yes Ian G	Update 7.5.25: Meeting numbers are steady. All positions filled. Financially stable and rent paid to end of June.
11	Green St Green Sunday Lunchtime	Yes Graham	Update 5.3.25: Finances and attendance satisfactory. Most service positions filled but continuing difficulty finding a new secretary.
12	Orpington Monday Night	Yes Alan	Update 7.5.25: The meeting continues to be well attended and attracting newcomers. All service positions are filled and the meeting is financially stable. MIND had advised that they were to increase the rent by 100% from June although this has been negotiated to a 50% increase. It is anticipated that the meeting will be able to cover this increase.
13	Bromley Methodist Church Wednesday Night	No	No update since 8.1.25 from various members: This meeting has been struggling for over a year. No GSR, greeters, Chair Finder, or Tea person.
14	Bromley Stepping Stones Big Book Tuesday Night	Yes Tracie	Update 7.5.25: Self-supporting. Service positions filled. Fluctuating attendance with core members. Big Books gifted to newcomers. All welcome.
15	Beckenham Wednesday	Yes Natasha	Update 7.5.25: Meeting solvent but service positions need filling so we'd be grateful for some regulars who could join us to complete meeting officers committee. Nice step meeting. Good parking etc.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Dave P	Update 5.3.25: Well attended, financially good and all commitments filled.

17	Sidcup Sunday Night	Yes Simon	Update 7.3.25: Well attended, self-supporting and all service positions filled.
18	Bromley Saturday Lunch at Bromley Methodist	Yes Martin C	Update 5.3.25: All service positions covered. Good mix of regulars, visitors and newcomers, Good relationship with hotels
19	Petts Wood Principles of Recovery Monday Night	Yes Nina	Update 7.5.25: Well attended and financially stable. We currently have 2 service positions available which we are hoping to fill at our next GC (next Monday). We have also voted to become a chit meeting. I am in the process of setting this up.
20	Bromley Friday Morning Salvation Army	Yes Jacky	Update 7.3.25: Well attended. Newcomers welcomed with a gift of a Share magazine. Some service positions available. Easy access from street to hall with disabled toilet. All welcome.
21	Petts Wood Friday Night	Yes Anna	Update 7.5.25: Well attended and both a chip and a chit meeting now. Financially stable with all service positions filled.
22	Keston Monday Night Meditation	Yes Sian	Update 7.5.25: Fully self-supporting. All service positions filled except GSR as I'm having to step down due to new job.
23	Thursday Night Hayes Step	Yes Om	Update 7.5.25: All service positions filled. Good attendance with regulars and some newcomers. Financially stable.
24	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 7.5.25: Well attended, self-supporting. GSR covering treasurer for the moment. All other positions filled.
25	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 7.5.25: Well attended with a core group of regulars and newcomers. It's a chip and chit meeting. It also has a joint platform on the last Saturday of each month with Al Anon which is very popular. Financially solvent with rent paid up to date and all service positions are filled.
26	Tuesday Night - Dartford	Yes Nick P	Update 7.5.25: Meeting is well attended with lots of newcomers, especially young people. Financially fine, all positions filled and engaging with the chit system.
27	Thursday Beckenham Lunchtime	Yes Sue	No update 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: Looking for Chair Finder. Well attended and solvent.
28	Friday Night Eden Park, Beckenham	No (was Gemma)	No update for 7.5.25, 5.3.25, 8.1.25, 6.11.24, 4.9.24 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
29	Bromley Monday Lunch at Salvation	Yes Anne	Update 7.5.25: Well attended and financially stable. We have a couple of service positions to fill – male

	Army	Marie	newcomers rep and Treasurer.
30	Welling Wednesday	Yes Peter BG	No update 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Bromley CGL Monday Evening	Yes Warren	No update 7.5.25, 5.3.25, 8.1.25, 6.11.24 or 4.9.24: Update 3.7.24: Now in permanent new venue on Farwig Lane. All service positions filled, solvent and well attended.
32	Keep it Simple Chislehurst Thursday Evening	Yes John F	Update 7.5.25: Meeting well attended, financially stable and all service positions covered.
33	Bethlem Thursday Night	Yes Claire C	Update 7.5.25: Meeting attendance is up averaging 35. All posts filled
34	Bethlem Online Sunday	Yes Claire C	Update 7.5.25: Small core group with a few newcomers.
35	Keston Wednesday 6pm	Yes Adam H	Update 7.3.25: Self-supporting, well attended. Limited number with extended sobriety causing some problems with being able to rotate some service positions (eg treasurer). Big challenge with finding a Male Greeter, but able to work around this weekly.
36	Swanley Wednesday	Tim	Update: 8.1.25: Most service positions filled. Good atmosphere meeting.
37	Orpington Tuesday Morning Big Book	Yes Andy L	Update 7.5.25: All service positions filled, meeting well attended with newcomers. Financially stable.
38	Welling Monday	?	
39	Thamesmead Tuesday	?	
40	Dartford Monday	?	
41	Dartford Wednesday	?	
42	Dartford Saturday	?	
43	Dartford Sunday	?	
44	Erith Sunday	?	
45	Sidcup Tuesday	?	
46	Bexleyheath Friday	Yes June	7.5.25: Well attended, financially stable. In two weeks' time rotation of various positions. All positions filled at present.