

London North Kent Intergroup of Alcoholics Anonymous
Minutes of the Meeting held on Wednesday 5th March 2025 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome, introductions, apologies etc

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

In Attendance

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday
Malcolm M – LNKIG Vice Chair
Ros – LNKIG Secretary/Region Rep
Dave N – GSR Gravel Road Wednesday
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip
Claire C – GSR Bethlem Thursday and Sunday Online
Simon A – GSR Sidcup
Tracy – GSR Petts Wood Monday
Dave P – GSR Burnt Ash Newcomers Sunday Night
Alan N – LNKIG Treasurer/GSR Orpington Monday
Natasha – GSR Beckenham Wednesday
Frank C – LNKIG Share Magazine Liaison
Michael – Badgers Mount Sunday
Zehra D – Representative for Bromley Monday Night (for Nicola)
Peter M – GSR Keston Saturday
Tracie – GSR Bromley Stepping Stones Tuesday Night
Theresa B – GSR Orpington Saturday Evening
Anna – Petts Wood Friday
June – GSR Bexleyheath
Ian The Hat – GSR Hayes Online Sunday
Jacky – GSR Friday Salvation Army/GSR SPOC
Nick P – LNKIG ELO/GSR Dartford Tuesday
Graham P – GSR Orpington Sunday
Ann-Marie – GSR Monday Lunchtime Salvation Army
Om – Hayes Thursday Evening
Andy L – Wellington Road Tuesday Morning
Johnny B - Visitor

Apologies

Adam H - Keston Wednesday 6pm
Ian G – GSR Sidcup Wednesday Night
Martin C – Bromley Saturday Lunchtime
Ben H – Sidcup Into Action, Thursday
Annie – GSR Thursday Hayes Step
Jill H – GSR Sidcup Wednesday Women's Meeting

Peter BG – GSR Welling Wednesday
Nicola – GSR Bromley Monday Night College Road
Sian – GSR Monday Keston Meditation
Martin H – Health Liaison Officer
Gina – YPLO
Tim E – GSR Swanley Wednesday

Not in attendance

Sue – Beckenham Thursday
Al – Chislehurst 12&12 Thursday
Warren – GSR Bromley CGL Monday Evening
Patricia M – GSR Sidcup Sunday

Twelve Traditions – Read by various members of the committee.

Silence for the still suffering alcoholic

Introductions of New GSRs

Nina was introduced as new GSR of Petts Wood Monday Night; and Om was introduced as new GSR of Hayes Thursday Evening.

2. Minutes of last meeting approved

Minutes of the previous meeting held on 8th January 2025 were approved. Proposed by Peter, Seconded by Theresa.

3. Vacancies

It was noted that the following positions are available:

- Region Rep – one space available for Region Rep to join Ros and Peter. Vic is covering one space in the meantime (his position as Chair precludes him from being Region Rep unless there is a shortage of Reps). Sian as previously expressed an interest, and has been invited to join a Region Meeting.
- PI – Vic can step down as PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage.
- Prison Liaison Officer – no prisons in area but could work closely with other areas. If anybody is interested, please note that Michael is Regional Prisons Liaison Officer and would be happy to talk through what it would involve.
- Armed Services Officer – please ask at Groups if there is anybody with a background in the armed forces who would like to get involved.
- Probation Liaison Officer – Peter has put himself forward for this role, following

the successful involvement with probation services in Beckenham. To be ratified at the next meeting in May. Many thanks to Peter for this.

4. **Matters Arising**

- Convention 2025 - Ros advised that the Convention is going ahead on Saturday March 22nd 2025, at United Reform Church adjacent to The Glades on Widmore Road in Bromley. Please encourage Fellows to call Anne to confirm attendance.
- October Workshop 2025 – intention is for this to take place in Sidcup, format to be advised in due course.
- Questions For Conference – GSRs are responsible for collating responses to the questions which have been published. Please also submit your individual responses as all contributions are helpful
- Intergroup Guidance Page – Vic proposed a one-page Intergroup “Cribsheet” which will have all pertinent information in relation to LNKIG on it. It was countered that all of the information is in the Structure and Service handbooks, but discussions continued about the value of having a quick reference guide for interested parties. Vic to put together a draft for discussion.

5. **Officer reports**

Chair

Nothing further to report this time

Vice Chair

Nothing further to report this time.

Secretary

Nothing to report this time.

Treasurer

The treasurer's report for the period from 6th January 2025 to 3rd March 2025 was presented to the committee. The report advised that income for the period was £1179.60 with contributions as follows:

Gravel Road	£200
Badgers Mount	£429.60
Saturday Keston	£50
Monday Bromley	£151
Bromley Saturday	£200
Holy Trinity Wednesday	£50
Keston Monday	£100
Orpington Monday	£150

Outgoings for the period totalled £1462.90, comprising a payment to Region of £1447.03; £15.87 for magazines.

The opening balance was £2247.03, the closing balance was £1963.73.

Following the vote at the last meeting £500 has been held back for the Convention, and £500 is held as prudent reserve for running costs. £963.73 was proposed to be sent to Region by Alan; Theresa Seconded.

Health

Martin H sent apologies for the meeting but submitted the following written report: Both PRUH and Green Parks House are being visited regularly and all patients identified by the NHS and OXLEAS have been seen and signposted to local meetings. Literature is being provided to patients when needed. New AA Meeting Finder Coin is being used also, along with Share Magazine. Roller banners are positioned in PRUH but one will be moved to Bethlem, and banner to be rotated around Orpington and Beckenham Beacon to get maximum visibility and coverage. 10th of March is Wellness Day so the team are supporting with literature and banners. Two new volunteers are being recruited for Green Parks to cover illness of existing volunteers.

PI

Vic reported that the initiative in custody suites continues.

Employment

Nick reported that a successful initiative with Unite was underway. AA literature was being converted into different languages (Hebrew etc).

London Region South

Ros reported that the next Region Meeting was being held on 9th March.

Telephones (TLO)

Liz sent in a written report as follows: So far the LNKIG shifts are covered this month, namely 4th, 8th and 30th March, but this is largely due to goodwill on the part of Allison RTLO, continuing to team leader the 2nd Saturday. We do need volunteers regularly once a month to cover this shift. Two other volunteers have come forward from another team as temporary support. Please can all mention this at meetings so we have a steady reliable group. The 1st Tuesday 6pm to 10pm is currently running well thanks to a regular team that works well. Thankyou to those volunteers. The 5th Sunday 2pm to 6pm is ok this time, again due to Allison supporting again. Please remind people that service is a privilege not a chore, and is our primary purpose. Phone service is invaluable, good fun and keeps us sober. Many of us came in to recovery through the helpline.

Electronic Communications Liaison Officer (ECLO)

Rob reported that the AA Survey will be due out soon; and reminded us that the microsite contains everything we could ever want to know about structure and service. There are now 8 pages on the microsite as follows: 1. Intergroup Home 2. Who do I contact at LNKIG? 3. Minutes and Agendas 4. Joint Platform Meeting. 5. Intergroup Service Position Vacancies and Other Opportunities. 6. New Meetings and Changes to Local Meetings 7. Local Diary Dates 8. LNKIG Service Related Literature and material.

All can be found at <https://www.alcoholics-anonymous.org.uk/intergroups/longon-north-kent-intergroup>.

Young Persons Liaison Officer (YPLO)

Gina sent apologies for the meeting but submitted a written report as follows:

- Signposting young members to specific YPAA resources.
- National YPLO training and being sponsored into the role from more experienced YPLOS.
- Helping with the YP room at the AA Convention.
- Currently in discussion with other London YPLOs about a potential London YPAA convention
- Currently prepping for school service. If anybody has any contacts in schools, Gina can send in volunteers to speak about AA.
- Working with some other YPLOs to come up with some best practice around minors in meetings because current safeguarding is very vague.
- Supporting the European Young Persons in AA Conference in Glasgow this year. If you have any YP members who would be interested, the website is <https://eurypaaglasgow2025.org>

Share Magazine

Frank had a stock of Shares available that he will bring next time. He has previously requested that GSR's keep pushing subscriptions etc at their Groups. Jacky suggested each Group should buy 48 copies of the January Share Magazine for handing out to newcomers.

For individual GSR updates on the status of various groups, please see appendix.

6. AOB

None

The date of the next meeting, to be held at The Salvation Army is May 7th 2025. at 8pm.

Meeting closed with the Serenity Prayer.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes Michael	Update 5.3.25: Well attended, financially stable, a few key positions available currently secretary, literature secretary. Generally meeting is going well. Questions for Conference started and will be progressed at a GC in 2 weeks time.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 5.3.25: All officers in place and financially in decent shape after move to smaller room in January. Still well attended, but numbers down from where they have been historically..
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 5.3.25: Continues with steady growth now the Spring is advancing. Good mix of strong sobriety and newcomers coming through. Good rotation of positions, currently all covered. To become a “chit” meeting when forms are received. GC to be held regarding Q’s For C. Excellent chair finding continues. Solvent and provided funds to Intergroup
4	Wednesday Lunchtime Bromley Big Book Study Gravel Road	Yes Dave N	Update 5.3.25: Well attended meetings, fully self-supporting. All service commitments filled. A couple due for rotation in April.
5	Sidcup Women’s Wednesday	Yes Jill H	No update provided 5.3.25, 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	Update 5.3.25: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 1 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has

			experienced a number of recent severe Zoom bombing attacks. The group has put in a number of new safe guarding procedures (by group conscience) however this may have made AA slightly less attractive to newcomers or late comers but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 5.3.25: Well attended all positions in place, financially stable.
8	Beckenham Discussion Tuesday Night	?	No update 5.3.25, 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	Yes Nicola	Update 5.3.25: All service positions filled. Fully self-supportive. Well attended with a mixture of both.
10	Sidcup Wednesday Night	Yes Ian G	Update 8.1.25: Meeting is well attended with a very good mix of sobriety. Financially stable and rent paid. All service positions filled, including position of a Newcomer Rep. Secretary position now up and members have been asked to express an interest.
11	Green St Green Sunday Lunchtime	Yes Graham	Update 5.3.25: Finances and attendance satisfactory. Most service positions filled but continuing difficulty finding a new secretary.
12	Orpington Monday Night	Yes Alan	Update 5.3.25: Well attended and attracting newcomers. All service positions filled and financially stable.
13	Bromley Methodist Church Wednesday Night	No	Update 8.1.25 from various members: This meeting has been struggling for over a year. No GSR, greeters, Chair Finder, or Tea person. A group conscience is being held on Wednesday 22 nd January to decide whether this meeting is to be closed permanently.
14	Bromley Stepping Stones Tuesday Night	Yes Tracie	Update 5.3.25: Service positions filled. Financially stable, average attendance with solid regulars.
15	Beckenham Wednesday	Yes Natasha	Update 5.3.25: Small but sparkling. GSR vacancy now available due to rotation.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Dave P	Update 5.3.25: Well attended, financially good and all commitments filled.
17	Sidcup Sunday Night	Yes	Update 5.3.25: All positions filled, well attended,

		Simon	now a chip meeting and located downstairs small room
18	Bromley Saturday Lunch at Bromley Methodist	Yes Martin C	Update 5.3.25: All service positions covered. Good mix of regulars, visitors and newcomers, Good relationship with hotels
19	Petts Wood Principles of Recovery Monday Night	Yes Nina	Update 5.3.25: All positions filled except setter-upper. GC to be held 10 th March. Very well attended, financially stable.
20	Bromley Friday Morning Salvation Army	Yes Jacky	Update 5.3.25: Positions due for change, Treasurer, Secretary and GSR. Positions will continue to be covered until replacements found. GC to be held and some Questions for Conference discussed. Also agreed to continue ordering share magazines in order to give to newcomers.
21	Petts Wood Friday Night	Yes Anna	Update 5.3.25: All positions filled except Male Greeter. GC on 7 th March. Good attendance, financially stable.
22	Keston Monday Night Meditation	Yes Sian	Update 5.3.25: Fully self-supporting, all commitments filled, meeting well attended.
23	Thursday Night Hayes Step	Yes Om	Update 5.3.25: New GSR in place. Decent attendance, all positions in place, financially stable.
24	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 5.3.25: All service positions filled, fully self supporting. A nice mix of regulars, visitors and newcomers. Joint platform with Al-Anon on first Wednesday of every month.
25	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 5.3.25: Well attended and offers chips. Also a joint platform meeting with Al-Anon the last Saturday of each month, all service positions filled and financially stable.
26	Tuesday Night - Dartford	Yes Nick P	Update 5.3.25: All service positions filled, financially ok, well attended.
27	Thursday Beckenham Lunchtime	Yes Sue	No update 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: Looking for Chair Finder. Well attended and solvent.
28	Friday Night Eden Park, Beckenham	No (was Gemma)	No update for 5.3.25, 8.1.25, 6.11.24, 4.9.24 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
29	Bromley Monday Lunch at Salvation Army	Yes Anne Marie	Update 5.3. 25: Well attended, all service positions filled and financially stable.
30	Welling Wednesday	Yes Peter BG	No update 5.3.25, 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Bromley CGL Monday	Yes	No update 5.3.25, 8.1.25, 6.11.24 or 4.9.24: Update

	Evening	Warren	3.7.24: Now in permanent new venue on Farwig Lane. All service positions filled, solvent and well attended.
32	Keep it Simple Chislehurst Thursday Evening	Yes Al	No update 5.3.25, 8.1.25, 6.11.24 and 4.9.24. Update 3.7.24: New meeting started 14 th March. Fully self supporting and all service positions have been filled. No donations as yet.
33	Bethlem Thursday Night	Yes Claire C	Update 5.3.25: Well attended, some service positions coming up for renewal..
34	Bethlem Online Sunday	Yes Claire C	Update 5.3.25: Small core group with a few newcomers.
35	Keston Wednesday 6pm	Yes Adam H	Update 5.3.25: Good attendance, generally low levels of sobriety which is great in many ways, but means we don't have many people to rotate some service positions to. Currently doing some rotation but to people who are new to service positions that require 12+ months.
36	Swanley Wednesday	Tim	Update: 8.1.25: Most service positions filled. Good atmosphere meeting.
37	Orpington Tuesday Morning Big Book	Yes Andy L	Update 5.3.25: All service positions filled, meeting well attended with newcomers. Financially stable.
38	Welling Monday	?	
39	Thamesmead Tuesday	?	
40	Dartford Monday	?	
41	Dartford Wednesday	?	
42	Dartford Saturday	?	
43	Dartford Sunday	?	
44	Erith Sunday	?	
45	Sidcup Tuesday	?	
46	Bexleyheath Friday	Yes June	5.3.25: Newcomers meeting. All positions filled, financially ok, well attended.
47	Keston Women Sunday		New meeting at 5pm