

**London North Kent Intergroup of Alcoholics Anonymous**  
**Minutes of the Meeting held on Wednesday 8<sup>th</sup> January 2025 at 8pm**  
**Venue: Salvation Army, Ethelbert Road, Bromley**

**1. Welcome, introductions, apologies etc**

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

**In Attendance**

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday  
Malcolm M – LNKIG Vice Chair  
Ros – LNKIG Secretary/Region Rep  
Bill G – Outgoing GSR Sunday Burnt Ash  
Dave N – GSR Gravel Road Wednesday  
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip  
Nicola – GSR Bromley Monday Night College Road  
Sian – GSR Monday Keston Meditation  
Claire C – GSR Bethlem Thursday and Sunday Online  
Martin H – Health Liaison Officer (voted in)  
Simon A – GSR Sidcup/Telephone Liaison Officer (voted in)  
Tracy – GSR Petts Wood Monday  
Gina – YPLO  
Tim E – GSR Swanley Wednesday  
Dave P – GSR Burnt Ash Newcomers Sunday Night  
Francis – Guest

**Apologies**

Alan N – LNKIG Treasurer/GSR Orpington Mon  
Natasha – GSR Beckenham Wednesday  
Frank C – LNKIG Share Magazine Liaison  
Michael – Badgers Mount Sunday  
Zehra D – Representative for Friday Salvation Army  
Peter M – GSR Keston Saturday  
Adam H – Keston Wednesday 6pm  
Andy L – Wellington Road Tuesday Morning  
Ian G – GSR Sidcup Wednesday Night  
Tracie – GSR Bromley Stepping Stones Tuesday Night  
Theresa B – GSR Orpington Saturday Evening  
Anna – Petts Wood Friday  
Martin C – Bromley Saturday Lunchtime/TLO Buddy (voted in)  
Ann-Marie – GSR Monday Lunchtime Salvation Army  
June – GSR Bexleyheath  
Ben H – Sidcup Into Action, Thursday  
Ian The Hat – GSR Hayes Online Sunday

Jacky – GSR Friday Salvation Army/GSR SPOC  
Nick P – LNKIG ELO/GSR Dartford Tuesday  
Annie – GSR Thursday Hayes Step  
Jill H – GSR Sidcup Wednesday Women's Meeting  
Graham P – GSR Orpington Sunday  
Peter BG – GSR Welling Wednesday

**Not in attendance**

Sue – Beckenham Thursday  
Al – Chislehurst 12&12 Thursday  
Gemma – GSR Beckenham Friday  
Patricia M – GSR Sidcup Sunday

**Twelve Traditions** – Read by various members of the committee.

**Silence for the still suffering alcoholic**

**Introductions of New GSRs**

Dave P was introduced as new GSR of Burnt Ash Lane Newcomers Sunday Night.

**2. Minutes of last meeting approved**

Minutes of the previous meeting held on 6th November 2024 were approved.  
Proposed by Martin, Seconded by Simon.

**3. Vacancies**

It was noted that the following positions are available:

- Region Rep – one space available for Region Rep to join Ros and Peter. Vic is covering one space in the meantime (his position as Chair precludes him from being Region Rep unless there is a shortage of Reps). Sian expressed an interest, Ros to send details of the next meeting.
- PI – Vic can step down as PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage.
- Telephone Liaison Officer – Liz B (based in Cornwall) has been asked to be our TLO given that we are unable to fulfil the role locally. Proposed by Vic, Seconded by Bill. Unanimously voted in favour.
- Prison Liaison Officer – no prisons in area but could work closely with other areas.
- Armed Services Officer
- Probation Liaison Officer

#### 4. **Matters Arising**

- Convention 2025 - Ros advised that the Convention is diarised for Saturday March 22<sup>nd</sup> 2025, at United Reform Church adjacent to The Glades on Widmore Road in Bromley. Not to be publicised until formally booked.
- October Workshop 2025 – intention is for this to take place as usual.
- Questions For Conference – GSRs are responsible for collating responses to the questions which have been published. There are workshops available online on 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> January on Zoom where Delegates from Region will explain the process.
- Annual Accounts – Alan was not in attendance but the Annual Accounts were presented to the committee. The Income for the Year 1<sup>st</sup> November 2023 to 4<sup>th</sup> November 2024 was £9682.35, and Outgoings were £8910.45.
- CV Template – a CV template and a Service Position template have been circulated on the WhatsApp group for consideration as possible tools for use by Fellows.

#### 5. **Officer reports**

##### Chair

- Vic reported that there has been good progress by Anna in respect of Bin Stickers. He also reported that the medical student event due to take place in Woolwich for Oxleas Health Service is still proposed but a date is awaited.

##### Vice Chair

- Malcolm advised that given his new position as Chair for London Region South he proposes to serve as Vice Chair for LNKIG for one more year, rather than two ie he will rotate out in November this year.

##### Secretary

Nothing to report this time.

Treasurer

The treasurer's report for the period from 5th November 2024 to 5<sup>th</sup> January 2025 was presented to the committee. The report advised that income for the period was £1208.27 with contributions as follows:

Tuesday Beckenham	£200
Gravel Road	£150
Thursday Hayes	£250
Badgers Mount	£301.27
Saturday Keston	£50
Monday Bromley	£151
Calendars and Diaries	£106

Expenses for the period totalled £2243.14, comprising a payment to Region of £1981.50; £38.48 for magazines; £100 PRUH Newcomers Packs; £123.16 vinyl banners.

The opening balance was £3481.90, the closing balance was £2447.03.

Following the vote at the last meeting £500 has been held back for the Convention, and £500 is held as prudent reserve for running costs. £1447.03 is available to send through to Region however this was not voted on. Proposal is to obtain ratification of this via WhatsApp group post the meeting.

Health

Martin H reported that the PRUH and Green Lanes support are successfully in place and running smoothly. There has been a positive change recently that feedback has been asked for from volunteers which the health providers have found very helpful. Martin requested feedback in respect of a proposal to provide a "coin" which has the details of AA on it, as per the coin produced by The Cockney Convention. Vic to find out if the coin is "AA approved collateral".

PI

See Chair's Report above.

Employment

Nick provided a written report in his absence as follows: Correspondence has been sent out to all major employers from Bromley to Erith and everywhere in between, including NHS, Trade Unions, Construction Companies where there are two reported

suicides per week. Coca-Cola has also been approached, also the Fire Brigade and Doctors surgeries. Also contracted major companies including M&S, Tesco, Asda, Lidl.

#### London Region South

Ros reported that the salient points from the meeting on 8<sup>th</sup> December were as follows :

- Malcolm M was voted in as the new Chair for London Region South.
- London Region South vacancies for Vice Chair, Secretary, Armed Services and Alternate Conference Delegate.
- Chit Meetings – easy to turn your meeting into one where people can prove attendance for probation reasons etc.
- Where to Find London Meetings booklet – available for £2.50 through your literature secretary order form.

#### Telephones (TLO)

New TLO voted in.

#### Electronic Communications Liaison Officer (ECLO)

Rob advised that he has put a Contact Form on the microsite – <https://www.alcoholics-anonymous.org.uk/intergroups/london-north-kent-intergroup/contact/>

#### Young Persons Liaison Officer (YPLO)

Gina presented her report as follows:

- Signposting young members to specific YPAA resources.
- National YPLO training and being sponsored into the role from more experienced YPLOS.
- Helping with the YP room at the AA Convention.
- Currently in discussion with other London YPLOs about a potential London YPAA convention
- Currently prepping for school service. If anybody has any contacts in schools, Gina can send in volunteers to speak about AA.

#### Share Magazine

Frank had a stock of Shares available that he will bring next time. He has previously requested that GSR's keep pushing subscriptions etc at their Groups.

For individual GSR updates on the status of various groups, please see appendix.

**6. AOB**

None

The date of the next meeting, to be held at The Salvation Army is March 5th 2025. at 8pm.

Meeting closed with the Serenity Prayer.

GSR Reports below:

## Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes Michael	Update 8.1.25: Well attended, all service positions filled and financially stable.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 8.1.25: Doing fine. All service positions filled and well attended. Have moved to a smaller room to reflect number attending/pot contributions and rent rises. Hopefully this will free up more funds to send to IG I 2025.
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 8.1.25: Solvent. Positions filled after rotations, well attended, good mix of newcomers and established members.
4	Wednesday Lunchtime Bromley Big Book Study Gravel Road	Yes Dave N	Update 8.1.25: A well-attended meeting with core bunch of regulars plus visitors and newcomers. All service positions filled and fully self supporting. GSR due for rotation in March.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	Update 8.1.25: Numbers slightly down. Previously reported the following useful detail: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 20 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has experienced a number of recent severe Zoom bombing attacks. The group has put in a number of new safe guarding procedures (by group conscience) however this may have made AA

			slightly less attractive to newcomers or late comers but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 8.1.25: All positions filled, well attended, happy fellows.
8	Beckenham Discussion Tuesday Night	?	No update 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	Nicola	Update 8.1.25: All service positions filled and rotating nicely attendance good, self-sufficient and message being spread.
10	Sidcup Wednesday Night	Yes Ian G	Update 8.1.25: Meeting is well attended with a very good mix of sobriety. Financially stable and rent paid. All service positions filled, including position of a Newcomer Rep. Secretary position now up and members have been asked to express an interest.
11	Green St Green Sunday Lunchtime	Yes Graham	Update 8.1.25: Good attendance and ok financially. Most service positions covered but currently seeking Secretary.
12	Orpington Monday Night	Yes Alan	Update 8.1.25: The meeting continues to be well attended and financially stable. All service positions are filled.
13	Bromley Methodist Church Wednesday Night	No	Update 8.1.25 from various members: This meeting has been struggling for over a year. No GSR, greeters, Chair Finder, or Tea person. A group conscience is being held on Wednesday 22 <sup>nd</sup> January to decide whether this meeting is to be closed permanently.
14	Bromley Stepping Stones Tuesday Night	Yes Tracie	Update 8.1.25: Regular attendees, most commitments filled. Can be quiet some weeks. Financially stable.
15	Beckenham Wednesday	Yes Natasha	Update 8.1.25: Very friendly step meeting, loyally attended, solvent and a couple of service positions available.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Dave P	Update 8.1.25: Doing well, all main commitments covered and meeting is solvent.
17	Sidcup Sunday Night	Yes Patricia	No update 8.1.25, 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Self supporting. All positions



		M	filled except for female greeter and literature secretary. The meeting is cosy is in a small room. The service members turn up regularly , but needs more attendees.
18	Bromley Saturday Lunch at Bromley Methodist	Yes Martin C	Update 8.1.25: Meeting well attended and solvent. All service positions covered.
19	Petts Wood Principles of Recovery Monday Night	Yes Tracy T	Update 8.1.25: Well attended, roll over of commitments for 2025 end of month, and 3 <sup>rd</sup> birthday party on Monday 20 <sup>th</sup> January with a longer meeting from 7.30 to 8.45pm with two shares and some food and soft drinks starting at 6.30pm. Fully self-supporting.
20	Bromley Friday Morning Salvation Army	Yes Jacky	Update 8.1.25: Healthy friendly group, financially sound, newcomers made very welcome.
21	Petts Wood Friday Night	Yes Anna	Update 8.1.25: Well attended and financially stable. Numbers fluctuate a lot but it's ticking along nicely.
22	Keston Monday Night Meditation	Yes Sian	Update 8.1.25: Fully self-supporting, all commitments filled, meeting well attended.
23	Thursday Night Hayes Step	No	Update 3.7.24. GSR position vacant, good attendance, steady turnout of 15-20 a week, strong cash position.
24	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 8.1.25: Mixed bunch of regulars and newcomers. Looking for a treasurer and secretary. All other positions filled. Financially solvent.
25	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 8.1.25: Well attended with all service positions covered (new literature person now in position). This is a chip meeting and does a joint platform with Al-Anon on last Saturday of every month. Financially sound.
26	Tuesday Night - Dartford	Yes Nick P	Update 8.1.25: Meeting doing really well. Lots of new young people joining the group. All service positions are full. Meeting is growing every week.
27	Thursday Beckenham Lunchtime	Yes Sue	No update 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24: Looking for Chair Finder. Well attended and solvent.
28	Friday Night Eden Park, Beckenham	Yes Gemma	No update for 8.1.25, 6.11.24, 4.9.24 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
29	Bromley Monday Lunch at Salvation Army	Yes Anne Marie	Update 8.1.25: Well attended, all service positions filled.
30	Welling Wednesday	Yes	No update 8.1.25, 6.11.24 or 4.9.24. Update 3.7.24:

		Peter BG	The meeting is ticking over, all service positions filled. Self-supporting.
32	Keep it Simple Chislehurst Thursday Evening	Yes Al	No update 8.1.25, 6.11.24 and 4.9.24. Update 3.7.24: New meeting started 14 <sup>th</sup> March. Fully self supporting and all service positions have been filled. No donations as yet.
33	Bethlem Thursday Night	Yes Claire C	Update 8.1.25: Well attended, some service positions coming up for renewal..
34	Bethlem Online Sunday	Yes Claire C	Update 8.1.25: Small core group with a few newcomers.
35	Keston Wednesday 6pm	Yes Adam H	Update 8.1.25: Meeting is well attended and all service positions are full with the exception of male greeter which is being covered by the rest of the group. The group is predominantly female and most of the guys either have other service positions or can't get out of work early enough.
36	Swanley Wednesday	Tim	Update: 8.1.25: Most service positions filled. Good atmosphere meeting.
37	Orpington Tuesday Morning Big Book	Yes Andy L	Update 8.1.25: All service positions filled, meeting well attended and solvent.
38	Welling Monday	?	
39	Thamesmead Tuesday	?	
40	Dartford Monday	?	
41	Dartford Wednesday	?	
42	Dartford Saturday	?	
43	Dartford Sunday	?	
44	Erith Sunday	?	
45	Sidcup Tuesday	?	
46	Bexleyheath Friday	Yes June	All service positions covered, well attended. Chip meeting, lots of newcomers.
47	Keston Women Sunday		New meeting at 5pm