



We, of  
**Alcoholics Anonymous**  
are more than willing to share  
our experience, strength and  
hope with others.

We believe that we can help  
them find a new way of life,  
a life free of the bonds  
of addiction.

We are sure that through  
the program of  
**Alcoholics Anonymous**, the  
individual can rediscover a  
life full of joy, peace and  
connection with others.



## *Serenity Prayer*

*God grant me  
the serenity to accept the  
things I cannot change,  
the courage to change the  
things I can  
and the wisdom  
to know the difference.*



## **ALCOHOLICS ANONYMOUS LIMERICK AREAS GROUPS 2025**

*Theme:*  
**'Rediscovering Life in Recovery'**

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### **43<sup>RD</sup> ANNUAL CONVENTION**

**Friday 7th - Sunday 9th February 2025**

**Castletroy Park Hotel, Limerick**

Free car park (subject to availability) all weekend to  
Hotel Guests and from 5.00 pm on Friday and all day  
Saturday and Sunday to the public.

**Registration €15 - cash only**

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*Saturday Night Entertainment - Free Admission*

**Music by Andy Brosnan  
from 10.00 pm in the Ballroom**





## Main Meetings

**Thursday 6th February 8.30 pm**

Barrington Suite

**Early Bird Meeting**

Closed Meeting

**Friday 7th February 8.30 pm**

Barrington Suite

**Opening of Convention**

Open Meeting

**Saturday 8th February 12.00 noon**

Barrington Suite

**Service in Recovery**

Closed Meeting

**Sunday 9th February 12.00 noon**

Barrington Suite

**Closing of Convention**

Open Meeting

## The Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will skip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realise that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialise if we work for them.

*Alcoholics Anonymous p83-84. Reprinted from the Big Book of Alcoholics Anonymous with permission of A.A. World Services, Inc.*

**Alcoholics Anonymous Ireland**  
**[www.Alcoholicsanonymous.ie](http://www.Alcoholicsanonymous.ie)**  
**Telephone: +353 1 8420700**



## Marathon Meetings

(All Marathon Meetings are closed meetings)

**Friday 7th February Barrington Suite**

4.00 - 5.00 pm Step 1

5.00 - 6.00 pm Step 2

6.00 - 7.00 pm Tradition 1

10.00 - 11.00 Step 3

**Saturday 8th February Barrington Suite**

2.00 - 3.00 pm Steps 4 & 5

3.00 - 4.00 pm Tradition 3

4.00 - 5.00 pm Steps 6 & 7

5.00 - 6.00 pm Tradition 5

6.00 - 7.00 pm Steps 8 & 9

7.00 - 8.00 pm Step 10

8.00 - 9.00 pm Step 11

9.00 pm - 10.00 pm Step 12

10.00 - 11.00 pm Experience,  
Strength & Hope

**Sunday 9th February Barrington Suite**

10.30 - 11.30 am Experience,  
Strength & Hope