

London North Kent Intergroup of Alcoholics Anonymous
Minutes of the AGM held on Wednesday 6th November 2024 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome, introductions, apologies etc

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

In Attendance

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday
Malcolm M – LNKIG Vice Chair
Ros – LNKIG Secretary/Region Rep
Bill G – GSR Sunday Burnt Ash
Alan N – LNKIG Treasurer/GSR Orpington Mon
Natasha – GSR Beckenham Wednesday
Dave N – GSR Gravel Road Wednesday
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip
Frank C – LNKIG Share Magazine Liaison
Michael – Badgers Mount Sunday
Zehra D – Representative for Friday Salvation Army
Nicola – GSR Bromley Monday Night College Road
Peter M – GSR Keston Saturday
Adam H – Keston Wednesday 6pm
Sian – GSR Monday Keston Meditation
Claire C – GSR Bethlem Thursday and Sunday Online
Andy L – Wellington Road Tuesday Morning
Ian G – GSR Sidcup Wednesday Night
Tracie – GSR Bromley Stepping Stones Tuesday Night
Theresa B – GSR Orpington Saturday Evening
Anna – Petts Wood Friday
Martin C – Bromley Saturday Lunchtime/TLO Buddy (voted in)
Ann-Marie – GSR Monday Lunchtime Salvation Army
Darren – Guest from Sidcup
June – GSR Bexleyheath
Martin H – Health Liaison Officer (voted in)
Simon A – GSR Sidcup/Telephone Liaison Officer (voted in)
Jenna S – Guest
Clare – Guest from Wellington Road Tuesday

Apologies

Ben H – Sidcup Into Action, Thursday
Ian The Hat – GSR Hayes Online Sunday
Jacky – GSR Friday Salvation Army/GSR SPOC
Tracy – GSR Petts Wood Monday

Tim E – Swanley Wednesday
Nick P – LNKIG ELO/GSR Dartford Tuesday
Annie – LNKIG TLO (rotating out)/ GSR Thursday Hayes Step

Not in attendance

Gina – YPLO
Essie – LNKIG Probation Liaison Officer
Graham P – GSR Orpington Sunday
Sue – Beckenham Thursday
Al – Chislehurst 12&12 Thursday
Warren – GSR Bromley CGL Monday Evening
Peter BG – GSR Welling Wednesday
Gemma – GSR Beckenham Friday
Jill H – GSR Sidcup Wednesday Women's Meeting
Patricia M – GSR Sidcup Sunday

Preamble – Not read at this meeting following a vote to replace the Preamble with The Twelve Traditions at the next Intergroup Meeting.

Silence for the still suffering alcoholic

Introductions of New GSRs

Adam H was introduced as new GSR for Keston Wednesday. June was introduced as GSR for Bexleyheath Friday Meeting and Tracie was introduced as new GSR for Tuesday Night Stepping Stones meeting.

2. Minutes of last meeting approved

Minutes of the previous meeting held on 4th September 2024 were approved. Proposed by Peter, Seconded by Rob.

3. Vacancies

It was noted that the following positions are available:

- Region Rep – two spaces available for Region Rep to join Ros. Vic is covering one space in the meantime (his position as Chair precludes him from being Region Rep unless there is a shortage of Reps). Peter presented his CV and was unanimously voted in as a new Region Rep.
- Health Liaison Officer – Claire P is moving away from the area and this role became vacant. Martin H presented his CV and was unanimously voted in as the new Health Liaison Officer.

- PI – Vic can step down as PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage.
- Telephone Liaison Officer – Annie will be leaving this role at the end of the year. Simon presented his CV and was unanimously voted in as the new Telephone Liaison Officer. Martin C put himself forward as TLO Buddy and presented his CV, and was voted in unanimously.
- There are also vacancies for Prison Liaison Officer and Armed Services Officer.

4. **Matters Arising**

- It was noted that usually at the AGM the “Officer” positions would be rotated, however as most are two year positions there were no rotations this year.
- Convention 2024 - Ros advised that the Convention is diarised for Saturday March 22nd 2025, and a possible venue has been pencilled in pending a visit (United Reform Church adjacent to The Glades on Widmore Road in Bromley).
- October Workshop 2024 Feedback – It was reported that this was another very successful workshop. Approximately 110 people attended over the course of the day, and the theme this year was “Sponsorship”. It was a free event, with the venue cost and collateral at a cost of £310 was paid for by Intergruop. The catering was paid for out of the Tradition 7 pot, however it was acknowledged that the cost of the catering should have been covered by Intergruop, with any Tradition 7 money being paid back into Intergruop. This is technically the same outcome.
- Crystal Palace Recovery Day – Vic reported that Intergruop supported (not financially) the Crystal Palace Recovery Walk Day which took place on September 14th at Crystal Palace Park, and was attended by 2000 people in recovery from AA, NA, CA etc. The walk started at 12, followed by performers, food stalls etc, and a large AA meeting which we hosted, and around 100 people attended.
- Vic reported that another medical student event is due to take place in Woolwich for Oxleas Health Service. Vic will arrange this and will need about 6-8

people to attend with him to demonstrate how an AA meeting is run. Peter, Sian and Martin C have already offered support. Still awaiting proposed date.

- PI Material – Rob proposed that 5 AA “pop up” banners are purchased at an approximate cost of £500 total, 2 for PRUH visits, 1 for Green Parks visits, and 2 for general use (at Conventions, Workshops etc). This was voted for unanimously. Rob to arrange. (Post Meeting Note – table covers are available to borrow from the Southern Service Office for any events)
- Vic led a discussion regarding whether we are doing all we can to welcome Fellows from the African and Caribbean Communities. It was noted that there is an issue with certain cultures/religions/communities etc whereby the stigma was an almost insurmountable obstacle. It was agreed that where possible it should be reinforced that AA robustly seeks protect members anonymity. It was noted that these issues are being actively addressed at a national level, and it was agreed that the Region Reps would ensure that Region are aware of our desire to offer support where required.
- Annual Accounts – To follow post-AGM.
- AGM – it was noted that “Officer” Reports should ideally be presented at the AGM to cover the past 12 months. The Secretary is to ensure this happens in 2025.

5. **Officer reports**

Chair

Vic reported that there has been good traction with Trade Unions. This has been taken to Region, and is slowly being progressed.

Vice Chair

- AA CV's – Malcolm suggested that a template for CVs is made available for those putting themselves forward for Intergroup Roles. Ros to provide a template and this will also be made available on the Microsite.
- Malcolm reminded the meeting that the Service News in December will contain the new Questions for Conference. These will need to be taken by GSRs for

discussion at Group Level, and then the outcomes recorded in time for the next Conference in April.

Secretary

Nothing to report this time.

Treasurer

The treasurer's report for the period from 1 September 2024 to 4 November 2024 had been circulated in advance. The report advised that income for the period was £1864.68 with contributions as follows:

Monday Keston	£75
Tuesday Beckenham	£170
Gravel Road	£200
Thursday Hayes	£100
Bethlem	£278
Friday Petts Wood	£500
Badgers Mount	£268.68
Wednesday Keston	£123
Friday Bromley	£150

Expenses for the period totalled £5854.45, including a payment to Region of £5196.

The opening balance was £7471.67, the closing balance was £3481.90.

It was proposed by Martin and seconded by Peter, followed by a unanimous vote of approval that £500 would be held back for banners, £500 would be held back for the Convention, and £500 would be held as prudent reserve for running costs. It was voted on and approved unanimously that the remaining amount of £1981.50 would be sent to Region immediately.

Health

Martin H reported that the PRUH and Green Lanes support are successfully in place and running smoothly.

PI

See Chair's Report above.

Employment

No Report

London Region South

Ros reported that the next meeting is 8th December and has previously circulated the London Region South Bulletin which outlines important issues, in particular as follows:

- Request for Team Leaders for telephone service
- London Region South vacancies for: Young Person's Liaison Officer; Southern National Convention Rep; Employment Liaison Officer; Health Liaison Officer; Probation Liaison Officer; Secretary; Chair; Vice Chair. Two years sobriety suggested for all roles
- Prison Service – Chairs needed (contact our Michael)
- London International Convention – 2-4th May 2025

Telephones (TLO)

Annie submitted a report which was presented by the Secretary in Annie's absence which stated that there is a steady influx of volunteers to do phone service, and there is actually a waiting list for the December training. Still a struggle to get people to commit to our designated days but hopefully with new people this will be resolved.

Electronic Communications Liaison Officer (ECLO)

Rob has already circulated details of the microsite which has an abundance of information on it.

Young Persons Liaison Officer (YPLO)

Gina did not submit a report and she was absent from the meeting. As a reminder, at the last meeting Gina reported the following:

- There are a number of YPAA conventions happening in the UK next year including the European Convention
- Currently in discussion with other London YPLOs about a potential London YPAA convention
- Will be attending the YPAA roadshow in Reading in a few weeks
- Has found a more experienced YPLO to sponsor her into the role
- Is aiming to reach out to schools about school service before the next Intergroup Meeting and is collating a list of local young people with more than 1 year sobriety to do school service.

Share Magazine

Frank had a stock of Shares available to take from the meeting. He requested that GSR's keep pushing subscriptions etc at their Groups.

For individual GSR updates on the status of various groups, please see appendix.

6. AOB

- Adam H suggested that links with Priory may be strengthened again, and will pursue this on our behalf. Perhaps Intergroup could fund taxis to and from relevant meetings ie Keston and Badgers Mount? To be discussed further.

The date of the next meeting, to be held at The Salvation Army is January 8th 2025. at 8pm.

Meeting closed with the Serenity Prayer.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes Michael	Update 6.11.24: Well attended, all service positions filled and self-supporting. All going well.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 6.11.24: Officers in place and generally well attended.
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 6.11.24: The meeting has picked up in numbers following the road works completion. We are solvent with literature delivered now including Share Magazine. An established group with regulars and Newcomers. All positions filled with rotation planned for New Year.
4	Wednesday Lunchtime Bromley Big Book Study Gravel Road	Yes Dave N	Update 6.11.24: The meeting is self supporting, sending funds regularly to Intergroup. All service positions filled. Good core of regulars.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	Update 6.11.24: Meeting is well attended and service positions are filled. Previously reported the following useful detail: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 20 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has experienced a number of recent severe Zoom

			bombing attacks. The group has put in a number of new safe guarding procedures (by group conscience) however this may have made AA slightly less attractive to newcomers or late comers but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 6.11.24: All positions filled, well attended, great mix of Newcomers and experienced Fellows.
8	Beckenham Discussion Tuesday Night	?	No update 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	Nicola	Update 6.11.24: All service positions filled. Meeting generally bush, financially supported. Happy joyous and free.
10	Sidcup Wednesday Night	Yes Ian G	Update 6.9.24: Meeting is well attended with a very good mix of sobriety. Financially stable and rent paid to 31.12. All service positions filled, including position of a Newcomer Rep. Secretary position now up and members have been asked to express an interest.
11	Green St Green Sunday Lunchtime	Yes Graham	No update 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Meeting well attended and financially sound with service positions filled
12	Orpington Monday Night	Yes Alan	Update 6.11.24: All service positions filled. Self-supporting and good attendance.
13	Bromley Methodist Church Wednesday Night	?	Update from Bill 3.7.24. Struggling with numbers and making the rent. Could do with some support
14	Bromley Stepping Stones Tuesday Night	Yes Tracie	Update 6.11.24: Financially solvent. Position of male greeter is available. All other positions filled.
15	Beckenham Wednesday	Yes Natasha	Update 4.9.24: Well attended and solvent, some service positions available.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Bill	Update 6.11.24: Solvent, female greeter position is available, and chairfinder, but all other positions are covered.
1	Sidcup Sunday	Yes	No update 6.11.24, 4.9.24, 3.7.24, 1.5.24 or 6.3.24.

7	Night	Patricia M	Update 10.1.24: Self supporting. All positions filled except for female greeter and literature secretary. The meeting is cosy is in a small room. The service members turn up regularly , but needs more attendees.
1 8	Bromley Saturday Lunch at Bromley Methodist	Yes Martin C	Update 6.11.24: Meeting is going well. All service positions are filled, solvent and good attendances, ranging from 20-30 on busy weekends.
1 9	Petts Wood Principles of Recovery Monday Night	Yes Tracy T	Update 6.11.24: All commitments filled, good attendance although seems to have slowed a little. Self-supporting.
2 0	Bromley Friday Morning Salvation Army	Yes Jacky	Update 6.11.24: Positions filled, financially solvent, friendly group concentrating on the Newcomers and the Returners.
2 1	Petts Wood Friday Night	Yes Anna	Update 6.11.24: Going strong. All positions filled. Financially solvent. Can be quite busy.
2 2	Keston Monday Night Meditation	Yes Sian	Update 6.11.24: All service positions filled. Financially solvent and good turnout.
2 3	Thursday Night Hayes Step	No	Update 3.7.24. GSR position vacant, good attendance, steady turnout of 15-20 a week, strong cash position.
2 4	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 6.11.24: Meeting well attended and financially solvent. Struggling to get members to step up or stay committed to their service positions. Currently looking for chairfinder, greeters and treasurer.
2 5	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 6.11.24: Lovely meeting so all positions filled and solvent. Well attended in general. Chip meeting.
2 6	Tuesday Night - Dartford	Yes Nick P	No update 6.11.24, 4.9.24, 3.7.24. Update 1.5.24: Financially viable, good attendance, most service positions filled.
2 7	Thursday Beckenham Lunchtime	Yes Sue	No update 6.11.24 or 4.9.24. Update 3.7.24: Looking for Chair Finder. Well attended and solvent.
2 8	Friday Night Eden Park, Beckenham	Yes Gemma	No update for 6.11.24, 4.9.24 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
2 9	Bromley Monday Lunch at Salvation Army	Yes Anne Marie	Update 6.11.24: Meeting is well attended, all service positions are filled and the Group is solvent.

3 0	Welling Wednesday	Yes Peter BG	No update 6.11.24 or 4.9.24. Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
3 1	Bromley CGL Monday Evening	Yes Warren	No update 6.11.24 or 4.9.24: Update 3.7.24: Now in permanent new venue on Farwig Lane. All service positions filled, solvent and well attended.
3 2	Keep it Simple Chislehurst Thursday Evening	Yes Al	No update 6.11.24 and 4.9.24. Update 3.7.24: New meeting started 14 th March. Fully self supporting and all service positions have been filled. No donations as yet.
3 3	Bethlem Thursday Night	Yes Claire C	Update 6.11.24: All positions taken but a few coming up for renewal. A good attendance including some patients who are escorted there.
3 4	Bethlem Online Sunday	Yes Claire C	Update 6.11.24: Small core group with a few newcomers. Problems with Zoom Bombers recently.
3 5	Keston Wednesday 6pm	Yes Adam H	Update 6.11.24: Financially solvent. Really good attendance, 15-20 every week. 2 positions coming to the end of their tenure (female greeter and tea). Names have already been proposed so subject to agreement these will be filled at the next GC. One point of note, 50-75% of meeting is female, which gives the meeting good diversity of thought and gives it a lovely feel.
3 6	Swanley Wednesday	Tim	Update: 6.11.24: Meeting all good. Financially good. Good service.
3 7	Orpington Tuesday Morning Big Book	Yes Andy L	Update 6.11.24: All service positions filled, financially solvent. Good numbers.
3 8	Welling Monday	?	
3 9	Thamesmead Tuesday	?	
4 0	Dartford Monday	?	
4 1	Dartford Wednesday	?	
4 2	Dartford Saturday	?	
4 3	Dartford Sunday	?	
4 4	Erith Sunday	?	
4 5	Sidcup Tuesday	?	
4	Bexleyheath Friday	?	

6			
4	Keston Women		New meeting at 5pm
7	Sunday		