

London North Kent Intergroup of Alcoholics Anonymous
Minutes of the meeting held on Wednesday 4th September 2024 at 8pm
Venue: Salvation Army, Ethelbert Road, Bromley

1. Welcome, introductions, apologies etc

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

In Attendance

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday
Malcolm M – LNKIG Vice Chair
Ros – LNKIG Secretary
Bill G – GSR Sunday Burnt Ash
Alan N – LNKIG Treasurer/GSR Orpington Mon
Natasha – GSR Beckenham Wednesday
Dave N – GSR Gravel Road Wednesday
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip
Frank C – LNKIG Share Magazine Liaison
Michael – Badgers Mount Sunday
Ben H – Sidcup Into Action, Thursday
Zehra D – Visitor
Jack S – Visitor
Nicola – GSR Bromley Monday Night College Road
Peter M – GSR Keston Saturday/Keston Wednesday 6pm
Ian The Hat – GSR Hayes Online Sunday
Sian – GSR Monday Keston Meditation
Jacky – GSR Friday Salvation Army/GSR SPOC
Claire C – GSR Bethlem Thursday and Sunday Online
Andy L – Wellington Road Tuesday Morning
Tracy – GSR Petts Wood Monday
Tim E – Swanley Wednesday

Apologies

Ian G – GSR Sidcup Wednesday Night
Tracie – GSR Bromley Stepping Stones Tuesday Night
Nick P – LNKIG ELO/GSR Dartford Tuesday
Theresa B – GSR Orpington Saturday Evening
Gina – YPLO
Anna – Petts Wood Friday
Essie – LNKIG Probation Liaison Officer
Annie – LNKIG TLO/ GSR Thursday Hayes Step
Martin – Bromley Saturday Lunchtime
Ann-Marie – GSR Monday Lunchtime Salvation Army

Claire P – LNKIG Health Liaison Officer

Not in attendance

Graham P – GSR Orpington Sunday
Sue – Beckenham Thursday
June – Friday Night Bexleyheath
Al – Chislehurst 12&12 Thursday
Warren – GSR Bromley CGL Monday Evening
Peter BG – GSR Welling Wednesday
Gemma – GSR Beckenham Friday
Jill H – GSR Sidcup Wednesday Women's Meeting
Patricia M – GSR Sidcup Sunday

Preamble – read by Vic

Silence for the still suffering alcoholic

Introductions of New GSRs

Andy L was introduced as new GSR for Wellington Road Tuesday Morning, Tim was introduced as GSR for Swanley Wednesday Meeting and Nicola was introduced as new GSR for Monday Night College Road meeting.

2. Minutes of last meeting approved

Minutes of the previous meeting held on 3rd July 2024 were approved. Proposed by Rob, Seconded by Dave.

3. Vacancies

It was noted that the following positions are available:

- Region Rep – two spaces available for Region Rep to join Ros. Vic is covering one space in the meantime (his position as Chair precludes him from being Region Rep unless there is a shortage of Reps).
- Health Liaison Officer – Claire P is moving away from the area and this role is now vacant.
- PI – Vic will also need to step down as PI Officer. If anybody is interested in this role, please speak to Vic. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage.
- Telephone Liaison Officer – Annie will be leaving this role at the end of the year, New TLO needs to be identified asap.

4. Business to Discuss.

- Convention 2024 - Ros R advised that we are looking for a new venue for the 2025 Convention.
- GSR Best Practice – Jacky listed some practices that GSRs may wish to take back to their Groups, including:
 - Telling Group what is being reported to Intergroup about your Group.
 - Check Group has a copy of both Structure and Service Handbooks, and display on table during every meeting.
 - Treasurer to report what is collected for Tradition Seven every week, and how much is being spent and sent up to Intergroup.
 - GSR to step in if others doing service are away.
 - Paper flyers to be distributed where possible ie printed off from Whatsapp groups.
 - Conference Questions – liaise with the Group for the next round of questions which will be released in December.
- Crystal Palace Recovery Day – Vic reported that Intergroup are supporting (not financially) the Crystal Palace Recovery Walk Day This is to take place on September 14th at Crystal Palace Park, and will be attended by 5000 people in recovery from AA, NA, CA etc. The walk starts at 12 and will be for around an hour, followed by performers, food stalls etc, and a large AA meeting which we are hosting. All welcome, please support.

5. **Officer reports**

Chair

Vic reported that there has been good traction with Trade Unions. This will be taken to Region.

Vice Chair

Malcolm reported that the August Share Magazines have not been received yet but are on their way. He also reported that the Winter AA Service News is next out in December which will detail the Questions for Conference. He reiterated the importance of the Service and Structure Handbooks for all GSRs.

Secretary

Nothing to report this time.

Treasurer

The treasurer's report for the period from 1 July 2024 to 31 August 2024 had been circulated in advance. The report advised that income for the period was £2360.67 with contributions as follows:

Beckenham Tuesday	£100
Friday Bromley	£150
Friday Petts Wood	£400
Badgers Mount	£250
Monday Keston	£50
Monday Keston	£23.50
Thursday Hayes	£100
Saturday Bromley	£150
Saturday Bexleyheath	£400
Monday Lunchtime	£100
Gravel Road	£100
Badgers Mount	£250
Thursday Hayes	£100

Plus Gratuity Week payments from

Burnt Ash	£28.76
Keston Saturday	£91.50
Badgers Mount	£66.91

Expenses for the period totalled £851

The opening balance was £5962, the closing balance was £7471.67

It was proposed by Malcolm and seconded by Michael, followed by a unanimous vote of approval that £1000 would be held back for contributions to the workshop and literature; £500 would be held back for the Convention, and £500 would be held as prudent reserve for running costs. It was voted on and approved unanimously that the remaining amount of £5196 would be sent to Region immediately.

Health

No report

PI

See Chair's Report above.

Employment

In Nick's absence, Vic advised that the "awareness" pack had been mailed to a large list of 200 companies, which has resulted in some good engagement, especially with Trade Unions (see Chair's Report above)

Region

Ros reported that the next meeting is 8th September.

Telephones (TLO)

Steady influx of volunteers wanting to do phone service. Difficulty is that once trained they cannot usually do the days required. A couple of new Team Leaders have been trained which is very helpful.

There was a discussion regarding the issues being encountered, however this needs to be investigated more fully given the conflicting views.

Electronic Communications Liaison Officer (ECLO)

Rob reported that the microsite is up and running.

Young Persons Liaison Officer (YPLO)

Gina submitted a report as she was absent from the meeting. It stated the following:

- There are a number of YPAA conventions happening in the UK next year including the European Convention
- Currently in discussion with other London YPLOs about a potential London YPAA convention
- Will be attending the YPAA roadshow in Reading in a few weeks
- Has found a more experienced YPLO to sponsor her into the role
- Is aiming to reach out to schools about school service before the next Intergroup Meeting and is collating a list of local young people with more than 1 year sobriety to do school service.

Share Magazine

Frank reported that there is little further to report. Keep pushing subscriptions etc at your Groups please.

For individual GSR updates on the status of various groups, please see appendix.

6. AOB

- Vic has requested that GSRs ask their Groups what they want from Intergroup. All contributions can be sent to Vic direct or posted on the Whatsapp group for consideration.

The date of the next meeting, to be held at The Salvation Army is November 6th 2024 at 8pm. This will be the AGM.

Meeting closed with the Serenity Prayer.

GSR Reports below:

Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes Michael	Update 4.9.24: Self-supporting, good attendance, multiple service positions filled and meeting well attended. No issues to report.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 4.9.24: Well attended, solvent, officers in place.
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 4.9.24: The road is now clear of roadworks and the numbers are picking up again. All positions filled apart from female greeter. GC next Saturday. Self-supporting with good mix of newcomers and a core group of regular sober attendees.
4	Wednesday Lunchtime Bromley Big Book Study Gravel Road	Yes Dave N	Update 4.9.24: Self supporting with a solid core of regulars. All service positions filled. A meeting with good sobriety.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	Update 4.9.24: All positions filled, meeting viable and attendance stable. Previously reported the following useful detail: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 20 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has experienced a number of recent severe Zoom bombing attacks. The group has put in a number of new safe guarding procedures (by group conscience) however this may have made AA slightly less attractive to newcomers or late comers

			but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 4.9.24: Well attended, all positions recently changed, with new in place
8	Beckenham Discussion Tuesday Night	?	No update 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	Nicola	4.9.24: All service positions filled. Self-supporting. Attendance good.
10	Sidcup Wednesday Night	Yes Ian G	Update 4.8.24 Well attended. Financially self-supporting, rent up to date. Service positions filled.
11	Green St Green Sunday Lunchtime	Yes Graham	No update 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Meeting well attended and financially sound with service positions filled
12	Orpington Monday Night	Yes Alan	Update 4.9.24: Well attended and financially stable. All positions filled.
13	Bromley Methodist Church Wednesday Night	?	Update from Bill 3.7.24. Struggling with numbers and making the rent. Could do with some support
14	Bromley Stepping Stones Tuesday Night	No Tracie	No update 4.9.24, 3.7.24, 1.5.24, 6.3.24 or 10.1.24. Previously stated that it was well attended. Service positions filled. Financially solvent.
15	Beckenham Wednesday	Yes Natasha	Update 4.9.24: Well attended and solvent, some service positions available.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Bill	Update 4.9.24: Solvent and all service positions filled. , we are well attended.
17	Sidcup Sunday Night	Yes Patricia M	No update 4.9.24, 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Self supporting. All positions filled except for female greeter and literature secretary. The meeting is cosy is in a small room. The service members turn up regularly , but needs more attendees.
18	Bromley Saturday Lunch at Bromley Methodist	Yes Martin	Update 4.8.9.24: All service positions filled, solvent, good attendance of 20 plus each week
19	Petts Wood Principles of Recovery Monday Night	Yes Tracy T	Update 4.9.24: Well attended, all positions filled, self-supporting.
20	Bromley Friday	Jacky	Update 4.9.24: All positions filled, Share magazines

	Morning Salvation Army		offered freely to newcomers. Big Book also given to newcomers. Secretary now records the Seventh Tradition amount collected weekly. Friendly and well attended meeting.
21	Petts Wood Friday Night	Yes Anna	Update 4.9.24: All service positions are filled. Self-supporting.
22	Keston Monday Night Meditation	Yes Sian	Update 4.9.24: Self-supporting. All service positions filled. Well attended.
23	Thursday Night Hayes Step	No	Update 3.7.24. GSR position vacant, good attendance, steady turnout of 15-20 a week, strong cash position.
24	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 4.9.24: A small group of core regulars as well as newcomers and visitors. Attendance fluctuates. We are currently looking for a treasurer, all other positions filled.
25	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 4.9.24: Meeting is well attended and all positions filled, self supporting and also has a monthly joint platform with Al-Anon at end of month.
26	Tuesday Night - Dartford	Yes Nick P	No update 4.9.24, 3.7.24. Update 1.5.24: Financially viable, good attendance, most service positions filled.
27	Thursday Beckenham Lunchtime	Yes Sue	No update 4.9.24. Update 3.7.24: Looking for Chair Finder. Well attended and solvent.
28	Friday Night Eden Park, Beckenham	Yes Gemma	No update for 4.9.24 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
29	Bromley Monday Lunch at Salvation Army	Yes Anne Marie	Update 4.9.24: Well attended, all service positions filled. Self-supporting.
30	Welling Wednesday	Yes Peter BG	No update 4.9.24. Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Bromley CGL Monday Evening	Yes Warren	No update 4.9.24: Update 3.7.24: Now in permanent new venue on Farwig Lane. All service positions filled, solvent and well attended.
32	Keep it Simple Chislehurst Thursday Evening	Yes Al	No update 4.9.24. Update 3.7.24: New meeting started 14 th March. Fully self supporting and all service positions have been filled. No donations as yet.
33	Bethlem Thursday Night	Yes Claire C	Update 4.9.24: All positions are filled and good stream of patients attending. Some patients with escorts attend on a regular basis. The meeting along with their hospital treatment is a stepping stone.

34	Bethlem Online Sunday	Yes Claire C	Update 4.9.24: Small group of core members. A few newcomers join occasionally
35	Keston Wednesday 6pm	Yes Peter	Update 4.9.24: Good attendance. Self-supporting. GC coming up for some positions, works well for an early evening meeting
36	Swanley Wednesday	Tim	4.9.24: Most service positions filled. Self-supporting – all good.
37	Welling Monday	?	
38	Thamesmead Tuesday	?	
39	Dartford Monday	?	
40	Dartford Wednesday	?	
41	Dartford Saturday	?	
42	Dartford Sunday	?	
43	Erith Sunday	?	
43	Sidcup Tuesday	?	
44	Bexleyheath Friday	?	
45	Keston Women Sunday		New meeting at 5pm