

**London North Kent Intergroup of Alcoholics Anonymous**  
**Minutes of the meeting held on Wednesday 3<sup>rd</sup> July 2024 at 8pm**  
**Venue: Salvation Army, Ethelbert Road, Bromley**

**1. Welcome, introductions, apologies etc**

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

**In Attendance**

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday  
Malcolm M – LNKIG Vice Chair  
Ros – LNKIG Secretary  
Bill G – GSR Sunday Burnt Ash  
Natasha – GSR Beckenham Wednesday  
Dave N – GSR Gravel Road Wednesday  
Rob T – LNKIG ECLO/GSR Bromley Common Wednesday Lunchtime Chip  
Warren – GSR Bromley CGL Monday Evening  
Graham P – GSR Orpington Sunday  
Frank C – LNKIG Share Magazine Liaison  
Ian G – GSR Sidcup Wednesday Night  
Michael – Badgers Mount Sunday  
Ann-Marie – GSR Monday Lunchtime Salvation Army  
Ben H – Sidcup Into Action, Thursday  
Zehra D – Visitor  
Jasmine – Visitor  
Nicola – Visitor

**Apologies**

Alan N – LNKIG Treasurer/GSR Orpington Mon  
Nick P – LNKIG ELO/GSR Dartford Tuesday  
Peter M – GSR Keston Saturday/Keston Wednesday 6pm  
Sian – GSR Monday Keston Meditation  
Peter BG – GSR Welling Wednesday  
Theresa B – GSR Orpington Saturday Evening  
Ian The Hat – GSR Hayes Online Sunday  
Jacky – GSR Friday Salvation Army  
Gina – YPLO  
Anna – Petts Wood Friday  
Tracy – GSR Petts Wood Monday  
Claire C – GSR Bethlem Thursday  
Essie – LNKIG Probation Liaison Officer  
Annie – LNKIG TLO/ GSR Thursday Hayes Step  
Sue – Beckenham Thursday

June – Friday Night Bexleyheath  
Martin – Bromley Saturday Lunchtime  
Al – Chislehurst 12&12 Thursday

**Not in attendance**

Gemma – GSR Beckenham Friday  
Jill H – GSR Sidcup Wednesday Women's Meeting  
Patricia M – GSR Sidcup Sunday

**Preamble** – read by Vic

**Silence for the still suffering alcoholic**

**Introductions of New GSRs**

Ann-Marie was introduced as new GSR for Salvation Army Monday, Ben as GSR for Sidcup Monday, and Michael as GSR for Badgers Mount Sunday. It was noted in their absence that Tracie is now GSR for Tuesday Stepping Stones, and June is GSR for Bexleyheath Friday Night.

**2. Minutes of last meeting approved**

Minutes of the previous meeting held on 1<sup>st</sup> May were approved. Proposed by Malcolm, Seconded by Graham.

**3. Vacancies**

It was noted that the following positions are available:

- Region Rep – two spaces available for Region Rep to join Ros. Vic is covering one space in the meantime (his position as Chair precludes him from being Region Rep unless there is a shortage of Reps).
- Health Liaison Officer – Clare P has resumed her role in this position.
- PI – Vic will also need to step down as PI Officer. If anybody is interested in this role, please speak to Vi. This role ensures that information about the AA message and programme of recovery is conveyed to outside organisations to the best possible advantage.

**4. Business to Discuss**

- Questions for Conference – please read the final document for further information. Also the Summer News booklet will carry a summary of the findings.
- Convention 2024 - Ros R advised that we are looking for a new venue for The 2025 Convention.

- Finances – concern was expressed over the amount of money held given that “surplus should promptly go to Region”. It was explained that due to the absence of the Treasurer at the last Intergroup meeting, nothing had been sent recently. It was agreed by vote that the maximum amount should be sent to Region asap once the reserved amounts were deducted.
- It was proposed that there needs to be more detail on what amounts are held for our various initiatives. Alan to provide further detail on this in his Treasurer’s Reports.
- GSR Best Practice – in Jacky’s absence, Ros outlined some of the initiatives that GSRs may want to implement for their groups. For example, transparency of amount of Tradition 7 money collected/literature to be provided to newcomers/share magazine subscription.
- Electronic Payments. It was agreed that this issue is a minefield to navigate, however Michael shared a good way of utilising PayPal to set up a payment method.  
This involves creating a PayPal account using a generic name and email address. Michael is to produce a short written explanation of how to do this.
- Share Subscriptions – a unanimous vote took place regarding the proposal (Proposed by Malcolm, Seconded by Dave) for Intergroup to pay for 5 copies per month for Bracton Centre, Green Parks, PRUH, Bethlem, CGL and Westminster Drug Project. Malcolm will collate these, remove the middle pages and send on to the various recipients.

## **5. Officer reports**

### Chair

Vic reported that at Regional Assembly it has been noted that LNKIG is a good intergroup which is getting things done,

### Vice Chair

Nothing to report this time.

### Secretary

Nothing to report this time.

### Treasurer

The treasurer’s report for the period from 29 April 2024 to 30 June 2024 had been circulated in advance. The report advised that income for the period was £1355 with

contributions as follows:

Keston Monday - £50  
Bromley Monday Lunchtime - £150  
Keston Wednesday - £100  
Badgers Mount Sunday - £300  
Gravel Road - £200  
Thursday Hayes - £100  
Keston Saturday - £100  
Bethlem - £250  
Bromley Common - £40  
Gravel Road - £65 (Gratuity Week)

Expenses for the period totalled Zero

The opening balance was £4607, the closing balance was £5962.

See note above that a unanimous vote took place agreeing that the maximum amount should be sent to Region.

#### Health

Green Parks is up and running. There are 8 volunteers on the Team. Two go in every two weeks. Going well. The Pruh is running like clockwork.

#### PI

Vic reported that several 12 Step Referrals have been received from custody suites.

#### Employment

In Nick's absence, Vic advised that the "awareness" pack had been mailed to a large list of 200 companies, which has resulted in some good engagement.

#### Region

Ros verbally reported that the last meeting for Region took place on 6<sup>th</sup> June. Minutes of this to be circulated. The next meeting is 8<sup>th</sup> September.

#### Telephones (TLO)

Steady stream of volunteers however the shifts are still a struggle to cover. When volunteers are trained, they either then don't offer service or are unavailable for the shifts LNKIG covers.

Team Leaders are in very short supply. We now only have one Team Leader for LNKIG and if the shift has no Team Leader it cannot be covered.

The Training Sessions are held on the first Monday of each month, 7.30pm on Zoom.

It was noted that the App is causing issues for people. Vic is to raise this with the relevant people.

#### Electronic Communications Liaison Officer (ECLO)

Rob reported that after some teething problems resulting in all Microsite editors being locked out of the website after the AAGB website upgrade. This has now been resolved. If there are any suggestions for content please email Rob on [ecomm.londonnk@aamailorg](mailto:ecomm.londonnk@aamailorg).

#### Young Persons Liaison Officer (YPLO)

Gina submitted a report as she was absent from the meeting. It stated that she was unable to go to the meeting of all YPLOs nationally in May due to late notice, but had received the minutes. She advised that the YPLOs are trying to organise a Young Person's Convention for early next year. More locally, she is reaching out to local colleges and secondary schools about doing research during induction weeks in September and keeping a list of local members willing to do school service.

#### Share Magazine

Frank distributed more subscription forms.

For individual GSR updates on the status of various groups, please see appendix.

## **6. AOB**

- Malcolm reminded the meeting of the Service and Structure Handbooks available for 1p online.

The date of the next meeting, to be held at The Salvation Army is September 4th 2024 at 8pm.

Meeting closed with the Serenity Prayer.

GSR Reports below:

### Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes Michael	Update 3.7.24: Very well attended meeting. Regular members, visitors from other groups and newcomers from Hayes Priory. Self-supporting with contributions to LNKIG. New GSR.
2	Sidcup into Action Thursday Night	Yes Ben H	Update 1.5.24: Meeting going well with average 20-25 people. All service positions filled.
3	Keston Saturday Morning As Bill Sees It	Yes Peter M	Update 3.7.24: Still a well attended meeting despite roadworks with newcomers and old hands. Contribution to IG. All positions filled.
4	Wednesday Lunchtime Bromley Big Book Discussion Gravel Road	Yes Dave N	Update 3.7.24: Changing to a Big Book Study meeting has been a success. Good core of regulars. All service positions filled and fully self supporting. Regular payments made to LNKIG including a Gratitude Week payment.
5	Sidcup Women's Wednesday	Yes Jill H	No update provided 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, newcomers every week. All service positions are filled and financially stable.
6	Hayes Priory Sunday (online)	Yes Ian	Update 3.7.24: This meeting is running with a core group of approximately 6 to 8 members with regular visitors and newcomers. The group usually has 10 to 20 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 – it is suggested to members that any contributions are either submitted direct to AA UK or via a members local face to face group. A member has donated the use of virtual zoom conference room for this meeting. The group has a lead Secretary/Host and several support Secretary/Hosts. Also this administrative team support the meetings by identifying members still willing to do online chairs. The group has experienced a number of recent severe Zoom bombing attacks. The group has put in a number of new safe guarding procedures (by group conscience) however this may have made AA slightly less attractive to newcomers or late comers but where possible we try to explain the reasoning behind the groups safeguarding measures. The group plans to stay online for the foreseeable

			future.
7	Bexleyheath Came to Believe Saturday Morning	Yes Vic	Update 3.7.24: All service positions filled, rotation due end of July. Busy meeting, heavy rent.
8	Beckenham Discussion Tuesday Night	?	No update 3.7.24, 1.5.24 or 6.3.24. Previous update 10.1.24: All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	?	No recent reports. Does this still exist?
10	Sidcup Wednesday Night	Yes Ian G	Update 3.7.24: Numbers have been increasing over recent weeks. Good mixture of new and regulars. Financials getting better and looking at introducing PayPal. Service positions all filled and introducing a 3 month service time for Chair Finder. Also Newcomer Greeter/Chaperone position created. Newcomer Share Time introduced.
11	Green St Green Sunday Lunchtime	Yes Graham	No update 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Meeting well attended and financially sound with service positions filled
12	Orpington Monday Night	Yes Alan	Update 3.7.24: Continues to be well attended and attracting newcomers. All service positions are filled and meeting is financially stable.
13	Bromley Methodist Church Wednesday Night	?	Update from Bill 3.7.24. Struggling with numbers and making the rent. Could do with some support
14	Bromley Stepping Stones Tuesday Night	No Tracie	No update 3.7.24, 1.5.24, 6.3.24 or 10.1.24. Previously stated that it was well attended. Service positions filled. Financially solvent.
15	Beckenham Wednesday	Yes Natasha	Update 3.7.24: New tea service officer required. All going well.
16	Bromley Newcomers Burnt Ash Sunday Night	Yes Bill	Update 3.7.24: Very well attended. All service positions filled, solvent. Gratuity Pot sent to GSO.
17	Sidcup Sunday Night	Yes Patricia M	No update 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Self supporting. All positions filled except for female greeter and literature secretary. The meeting is cosy is in a small room. The service members turn up regularly , but needs more attendees.
18	Bromley Saturday Lunch at Bromley Methodist	Yes Martin	Update 3.7.24: Well attended with regular contributions to Intergroup, and Gratitude payment made. Secretary position will be vacant shortly. Digital Card payments being explored.



19	Petts Wood Principles of Recovery Monday Night	Yes Tracy T	Update 3.7.24: Very well attended. GC took place 1.7.
20	Bromley Friday Morning Salvation Army	Yes Jacky	Update 3.7.24: All positions filled, financially sound, contribution made to Intergroup and a Gratitude payment recently made to GSO. All newcomers receive a copy of Alcoholics Anonymous (Big Book), and a gift of Share magazine.
21	Petts Wood Friday Night	Yes Anna	Update 3.7.24: Very well attended. All positions filled.
22	Keston Monday Night Meditation	Yes Sian	Update 3.7.24 :All key service positions filled. Good attendance despite roadworks. Self supporting and contributing to LNKIG.
23	Thursday Night Hayes Step	Yes Annie (temp)	Update 3.7.24. GSR position vacant, good attendance, steady turnout of 15-20 a week, strong cash position.
24	Wednesday Bromley Common Chip Lunchtime	Yes Rob T	Update 3.7.24: All service positions filled. Self supporting and contributing to LNKIG. Joint platform with Al-Anon once a month, very popular. Number of members fluctuates but is reasonably steady.
25	Saturday Night Wellington Road Orpington Candlelit Meeting	Yes Theresa	Update 3.7.24: All main service positions filled, regular group of 15 plus. Joint platform with Al-Anon and this will be a regular feature on the last Saturday of the month for the next 3 months. Self sufficient
26	Tuesday Night - Dartford	Yes Nick P	No update 3.7.24. Update 1.5.24: Financially viable, good attendance, most service positions filled.
27	Thursday Beckenham Lunchtime	Yes Sue	Update 3.7.24: Looking for Chair Finder. Well attended and solvent.
28	Friday Night Eden Park, Beckenham	Yes Gemma	No update for 3.7.24, 1.5.24 or 6.3.24. Update 10.1.24: Well attended, working towards prudent reserve, all positions filled, carry the AA message.
29	Bromley Monday Lunch at Salvation Army	Yes Anne Marie	Update 3.7.24: Well attended, all service positions filled. Financially secure.
30	Welling Wednesday	Yes Peter BG	Update 3.7.24: The meeting is ticking over, all service positions filled. Self-supporting.
31	Bromley CGL Monday Evening	Yes Warren	Update 3.7.24: Now in permanent new venue on Farwig Lane. All service positions filled, solvent and well attended.
32	Keep it Simple Chislehurst Thursday Evening	Yes Al	Update 3.7.24: New meeting started 14 <sup>th</sup> March. Fully self supporting and all service positions have been filled. No donations as yet.
33	Bethlem Thursday	Claire C	Update 3.7.24: All positions are filled and good

	Night		stream of patients attending. Some patients with escorts attend on a regular basis. The meeting along with their hospital treatment is a stepping stone.
34	Bethlem Online Sunday	Yes Claire C	Update 3.7.24: Small group of core members. A few newcomers join occasionally
35	Keston Wednesday 6pm	Yes Peter	Update 3.7.24: Strong group, well attended. All positions filled. Attracting newcomers plus regular attendees from The Priory.
36	Swanley Wednesday	?	
37	Welling Monday	?	
38	Thamesmead Tuesday	?	
39	Dartford Monday	?	
40	Dartford Wednesday	?	
41	Dartford Saturday	?	
42	Dartford Sunday	?	
43	Erith Sunday	?	
43	Sidcup Tuesday	?	
44	Bexleyheath Friday	?	
45	Keston Women Sunday		New meeting at 5pm