

Get writing SHARE magazine contributions

Here are some prompts for getting writing. We hope that thinking about these things will help you to start writing:

Prompts
What it felt like the week I contacted AA
My convention experience...on the way / back / there.
My darkest hour
Where I'm at now (add years)
What Step (x) means to me
What Tradition (x) means to me
How my drinking / sobriety affected others (family/friends/colleagues etc.)
How I've changed since I stopped drinking
How my life has changed since I stopped drinking
How others' perceptions of me have changed
On our way to a meeting, we ...
How I was helped as a newcomer
How I help others / newcomers
How doing service has helped me / others
What I've achieved since getting sober
What I lost while drinking
The spiritual, physical & mental effects of drinking / sobriety
How I found my HP
What my HP means to me
New opportunities in sobriety
Recovery, HP, Spirituality, Sobriety, Friendship, Service, Belonging , Loneliness, Gratitude, The 4 horsemen (Terror, Bewilderment, Frustration, Despair), Alcohol is Cunning, Baffling, Powerful, Sponsorship
Friendship vs Loneliness
Why I'm grateful
My experience trying to stop before AA
Detoxes & Rehab I have known
Developing understanding of AA
Developing understanding of myself
Developing understanding of my HP
Living in the moment
Taking things day by day
Not catastrophizing / dramatising
Being a Drama Queen
Meditation and tools of serenity
How I stole peace of mind
My reaction to a recent news item re: drinking
Help I got that didn't help / that did help
What the Big Book means to me
What my sponsor means to me
What my home group means to me
What my sponsees mean to me
Is AA a cult?
How my drinking developed from start to finish (or parts thereof)
My rock bottom / jumping off point
Living alone
Drinking alone
Living in the real world
AA gives us a bridge to normal living

