# THE PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for AA membership; we are self-supporting through our own contributions.

AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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# Annual Report of the General Service Board of Alcoholics Anonymous (Great Britain) Limited - 1 OCTOBER 2013 – 30 SEPTEMBER 2014

#### Introduction

It is my privilege as Chairperson to introduce the Annual Report of the General Service Board which shows our continued Primary Purpose activity, of carrying the message to the still suffering alcoholic and co-operating with the professional community.

There is a fantastic amount of Primary Purpose work being carried out by our Alcoholic and Non Alcoholic Trustees, who make up a very committed, enthusiastic, hard working board, which is fully supported by the General Secretary and the staff of the General Service Office in York and the satellite offices in London and Glasgow.

A Probation and Criminal Justice Services seminar was held in York in June.

The Young People's project continues at pace, A Message for Young People animation video has been approved by the Board and is near completion.

Public Information continue to run events at Westminster, Holyrood and the Welsh Assembly. Our Non Alcoholic Trustees represent us at a public level, co-operating with the professional community. We have had a presence at over 19 professional conferences and exhibitions in the past year.

Alcoholics Anonymous does not accept outside funding. Financially being self supporting we rely on our members contributions, sales of our AA literature and investments to fulfill our primary purpose of carrying the message of recovery. With continuing prudence, the efforts of the Regional, Intergroup Treasurers and our members' contributions, the Board will continue to plan regarding our Primary Purpose: helping those who want assistance with their alcohol problem and co-operating with the professional community.

This year the Board of Trustees have continued to support both financially and through its participation, AA structures in Europe and the World Service Meeting held in Warsaw, Poland.

William MacDonald

Chairman of the Board October 2014

#### **GSB PERSONNEL**

The following trustees retired from the Board this year:

David Ator Penny Allier Winnie Currie Sheila Davis Del Hayes Brian Ladbrooke

The following trustees were appointed to the Board:

Chris Daly
Roger Edgington
James Kay
Alexander MacVarish
Charles Rennie
Helen Sharman

#### **Report of the Trustees**

The primary purpose of Alcoholics Anonymous (AA) is to pass the message of recovery from alcoholism to those who seek help, making that information available to professionals, the media and the public. The General Service Board of Alcoholics Anonymous Great Britain works to support the Fellowship of Alcoholics Anonymous and to raise awareness of AA's message of recovery.

Our Tradition of Self Support, underpinned by the Alcoholics Anonymous (Dispositions) Act of 1986, ensures that AA is supported solely through the voluntary contributions of members and therefore AA does not fundraise. The charity has been able to achieve a stable financial position and has been able to undertake initiatives that the Fellowship of AA has requested. The economic climate has been improving since last year and gains in our investments have enabled the maintenance and development of projects.

Each trustee takes responsibility for a particular area of work within the Board activities, all of which are geared towards raising awareness of all that AA can offer those who seek help. The trustees stay abreast of developments and co-operate with the authorities in these professional areas by communicating on a regular basis, attending conferences and exhibitions and by developing projects for each professional body.

The Literature Sub-committee have introduced the following pieces of literature, 2 new posters, revised *Twelve Concepts Illustrated* and *The AA Group* for the benefit of the Fellowship of AA and a new pamphlet for agnostic and atheist members has been prepared for approval at Conference 2015.

The Health Sub-committee continues our co-operation with Public Health England's Mutual Aid Facilitation as it rolls out across England. Health Liaison Officers are giving talks to local treatment providers and commissioners about our Fellowship and how to access it. We also have had a presence at some twenty professional conferences up and down the country this year. Slides are available to assist with presentations to Health and Social care staff.

The changes taking place in the Probation Services in England and Wales are well documented, and the obvious concerns are acknowledged, but for AA members the job of suggesting that we can be treated as one of the options for recovery continues.

Contact with professional bodies was maintained via attendance at conferences such as the Ministry of Justice's "Transforming Rehabilitation" and "Modernising Justice" and also the Probation Institute's Northern Conference.

Throughout the Fellowship in Great Britain contact with aspects of the probation system such as police, courts and approved premises i.e. bail hostels, is continuing. Liaison with prison's pre release courses takes place to ensure that probationers and probation staff are aware of when and where AA can be found. In parts of England this is via cooperation with the new 'Gateway' process.

In many parts of the country the process of self-reporting as proof of attendance at AA by a probationer to a supervising officer continues. This is a secure and well tried system and does not compromise anonymity.

The Employment discipline is growing from strength to strength with much positive enthusiasm enabling AA to pass our message of recovery to employers, employees and unions.

The Public Information Sub-committee arranged the placement of an article in The Guardian within the supplements section on Saturday 4<sup>th</sup> January, 2014. It was circulated around London, the South East, East Anglia and the South Midlands, these areas having the highest concentration of Guardian readers in the country. It featured an updated version of the open letter from the Non-Alcoholic Board Trustees originally sent out to the national press on 14th October 2013. It also contained two members' stories, male and female and the AA 'winter' park bench poster, the AA logo and contact information.

On deciding the way forward in carrying the message within the media, as recommended by Committee 2 at Conference 2013, a national media strategy was suggested by the Public Information Sub-committee and approved by the General Service Board. Using the press as the preferred medium, a slightly updated version of the Guardian article was submitted and the newspaper campaign is ongoing.

AA attended a conference organised for abstinence-based recovery organisations to pass on our experience.

Many Regions and Intergroups are organising public meetings to coincide with Alcohol Awareness Month with many groups planning to make all meetings 'open' in November.

The Armed Services Sub-committee held a Regional Liaison Officer's meeting in February and an Armed Services Seminar is to be held in 2015. Armed Forces Day was held in Stirling in June and AA was represented with a display of AA literature with many enquiries received concerning our Fellowship. Presentations have been made to London Armed Forces Network in April and to the Veterans Council who are happy to recommend AA to their clients. The Army Welfare Service (nationally) gave the go ahead to link up with AA and have included AA in their training programme. Army HIVES (an information network available to members of the Services Community) are linked with AA.

The National Telephone Sub-committee can report that a substantial decrease - 50% - has been negotiated for the entry of our national number in the BT Phone Book. This will prove to be a considerable saving to the Fellowship. The committee is also preparing information to distribute to the Fellowship, via Regional Telephone Liaison Officers, regarding the future of the National Telephone number. This will enable Conference April 2015 to make an informed decision based on the feedback received. A proposal will be prepared for April 2015.

The Electronic Communications Sub-committee manages AA's website, www.alcoholics-anonymous.org.uk, which continues to attract a large number of users. Many of our regions and intergroups have set up their own micro-sites within our structure. As they have transferred information from the old sites, which were closed down, all the remaining old sites will be switched off in December 2014. Existing members of AA use the site to discover information about meeting-places and times, to be told about what is happening in our various branches of service, and to buy AA-related material, particularly literature, through our on-line shop. Many newcomers first

get in touch with AA through this site. Many of them who have further questions will use the email helpline, help@alcoholics-anonymous.org.uk, where our Online Response Team will answer their queries.

Our internal magazines *Share* and *Roundabout* continue to be published monthly. They both contain articles from members of AA reflecting their experience, strength and hope and provide a printed meeting between meetings.

The General Service Board's Young People's Project continues with its aims to attract young people with alcohol problems into recovery in AA, engage them in the unity of the Fellowship and encourage them into service through the AA service structure. The young team members have progressed a number of initiatives with General Service Board liaison and support, completing two new posters and an animation video titled 'Alcohol and Me, A Message for Young People'. A job description for the role of Young People's Liaison Officer has been drafted and is incorporated in a question for Conference 2015. Other work in progress includes development of suggested content for a Young People's area on our website and preparations for a national Young People's Convention next year.

Alcoholics Anonymous Great Britain also hosts the European Service Centre and held a successful European Service Meeting in Frankfurt in October 2013. The next meeting will be held in York in 2015.

The ongoing purpose behind all of AA's activities, to carry the AA message of recovery from alcoholism, continues.

Our principle of personal anonymity is of vital importance to us and especially to a newcomer to the Fellowship as it offers the assurance that personal confidences remain just that. Trustees have worked tirelessly over the last year to ensure that the message of recovery is available and to therefore keep Alcoholics Anonymous 'anonymous but not invisible'.

#### **Financial Statement**

Procedures to ensure robust budgetary controls and ongoing reviews of expenditure have been developed further during the year to ensure good practice and the best use of funds to support the business of the General Service Board in achieving the primary purpose of Alcoholics Anonymous.

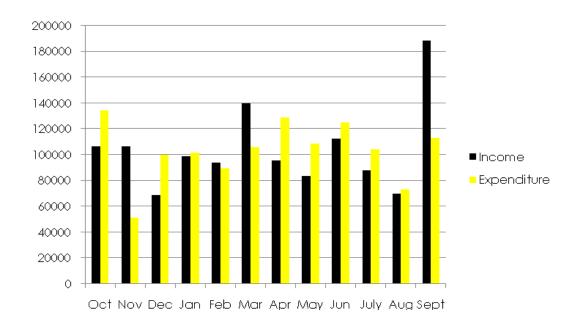
The General Service Office and the two satellite offices in Glasgow and London continue to operate efficiently and provide services to members, professionals and those seeking help.

Contributions have fluctuated month to month but overall are down on last year. However, literature sales are up.

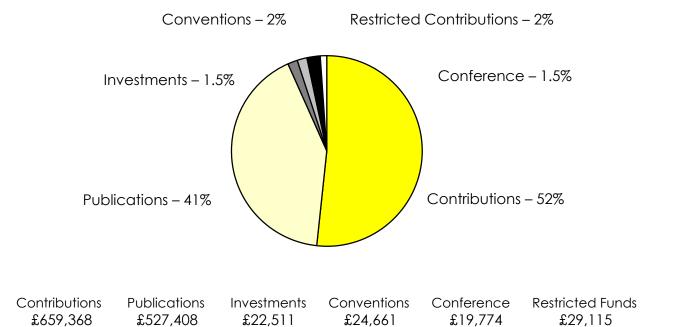
Expenditure for the year included new and ongoing initiatives. Work on the Young Persons video was started, and our website underwent technical enhancements. AA paid for stands at nineteen conferences/exhibitions between January and September 2014. An awareness raising campaign in national newspapers was trialled in the 'Guardian' in January and new initiatives in Health Liaison were established through cooperation with Public Health England. The 75<sup>th</sup> Anniversary Big Book proved a very popular piece of literature, the vast majority of the 500 being sold within six months. AA (GB) continued to support the worldwide Fellowship through funding initiatives and attendance at the World Service Meeting in Poland.

The overall picture is positive. The Board keeps members informed about the financial position of the Fellowship and the implications for our primary purpose. Throughout the year the Board has maintained internal services to the Fellowship and continued the work of passing our message of recovery from alcoholism to professionals, the public and those who need help.

The final accounts show a surplus before movement on investments of £22,353 with our reserves standing at £2,162,374.

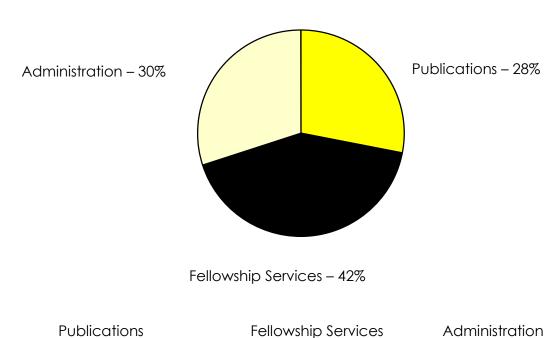


## WHERE THE MONEY COMES FROM (ALL FUNDS) 2013/14



Total Income all Funds - £1,282,837

## WHERE THE MONEY GOES (ALL FUNDS) 2013/14



Total Expenditure all Funds - £1,260,484

£529,438

£378,458

£352,588

# FINANCIAL STATEMENT FOR PERIOD ENDED 30TH SEPTEMBER 2014 BALANCE SHEET

| FIXED ASSETS                                 | Unrestricted funds £ | Restricted<br>funds £ | 2014 Total<br>funds £ | 2013 Total<br>funds £ |
|--|----------------------|-----------------------|-----------------------|-----------------------|
| Tangible assets Investments                  | 2,032<br>824,450     |                       | 2,032<br>824,450      | 4,125<br>795,630      |
|  | 826,482              |                       | 826,482               | 799,755               |
| CURRENT ASSETS                               |                      |                       |                       |                       |
| Stocks                                       | 118,221              |                       | 118,221               | 86,325                |
| Debtors: amounts falling due within one year | 85,425               |                       | 85,425                | 79,526                |
| ,<br>Investments                             | 497,784              |                       | 497,784               | 466,439               |
| Cash at bank                                 | 637,401              | 84,841                | 722,242               | 730,964               |
|  | 1,338,831            | 84,841                | 1,423,672             | 1,363,254             |
| CREDITORS                                    |                      |                       |                       |                       |
| Amounts falling due with one year            | (87,780)             |                       | (87,780)              | (66,694)              |
| NET CURRENT ASSETS                           | 1,251,051            | 84,841                | 1,335,892             | 1,296,560             |
| TOTAL ASSETS LESS CURRENT LIABILITIES        | 2,077,533            | 84,841                | 2,162,374             | 2,096,315             |
| NET ASSETS                                   | 2,077,533            | 84,841                | 2,162,374             | 2,096,315             |
| FUNDS  |                      |                       |                       |                       |
| Unrestricted funds                           |                      |                       | 2,077,533             | 2,016,606             |
| Restricted funds                             |                      |                       | 84,841                | 79,709                |
|  |                      | -                     | 2,162,374             | 2,096,315             |

This information has the approval of the auditors and comprises extracts from the full accounts which have been audited by Clive Owen & Co and delivered to the Registrar of Companies. The auditors' opinion was unqualified. A copy of the complete audited accounts may be obtained on request from The General Service Office, PO Box 1, 10 Toft Green, York, YO1 7NJ

# STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 30 SEPTEMBER 2014

|  | Unrestricted funds £ | Restricted funds £ | 2014 Total<br>funds £ | 2013 Total<br>funds £ |
|--|----------------------|--------------------|-----------------------|-----------------------|
| INCOMING RESOURCES Incoming resources from generated funds |                      |                    |                       |                       |
| Voluntary income   | 703,804              | 18,048             | 721,852               | 846,709               |
| Activities for generating funds                            | 527,407              | 11,039             | 538,446               | 518,608               |
| Investment income  | 22,511               | 28                 | 22,539                | 9,787                 |
| Total incoming resources                                   | 1,253,722            | 29,115             | 1,282,837             | 1,375,104             |
| RESOURCES EXPENDED   |                      |                    |                       |                       |
| Cost of generating funds                                   | 101 717              |                    | 101 717               | 101 020               |
| Cost of generating funds Investment management costs       | 191,717<br>6,054     |                    | 191,717<br>6,054      | 181,839<br>3,867      |
| Charitable activities                                      | 0,004                |                    | 0,004                 | 3,007                 |
| Charitable   | 608,439              | 1,507              | 609,946               | 609,917               |
| Governance costs   | 78,100               |                    | 78,100                | 63,473                |
| Other resources expended                                   | 352,191              | 22,476             | 374,667               | 369,022               |
| Total resources expended                                   | 1,236,501            | 23,983             | 1,260,484             | 1,228,118             |
| NET INCOMING/(OUTGOING) RESOURCES                          | 17,221               | 5,132              | 22,353                | 146,986               |
| Other recognised gains/losses                              |                      |                    |                       |                       |
| Gains/losses on investment assets                          | 43,706               |                    | 43,706                | 40,728                |
| Net movement in funds                                      | 60,927               | 5,132              | 66,059                | 187,714               |
| RECONCILIATION OF FUNDS                                    |                      |                    |                       |                       |
| Total funds brought forward                                | 2,016,606            | 79,709             | 2,096,315             | 1,908,601             |
| TOTAL FUNDS CARRIED FORWARD                                | 2,077,533            | 84,841             | 2,162,374             | 2,096,315             |

## **CONTINUING OPERATIONS**

All incoming resources and resources expended arise from continuing activities.

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2014

| VOLUNTARY INCOME   | 2014 £                                 | 2013 £       |
|--|--|--------------|
| Contributions  | 656,756                                | 773,297      |
| Covenants  | 20,661                                 | 20,785       |
| Conventions  | 24,661                                 | 30,213       |
| Conference   | 19,774                                 | 22,414       |
|  | 721,852                                | 846,709      |
| ACTIVITIES FOR GENERATING FUNDS  | 2014 £                                 | 2013 £       |
| Literature income  | 538,446                                | 518,608      |
| Literature expenses  | 191,717                                | 181,839      |
| Gross profit on literature   | 346,729                                | 336,769      |
| Literature is sold at a surplus to assist in support of the prima  | ry purpose                             |              |
| INVESTMENT INCOME  | 2014 £                                 | 2013 £       |
| Fixed asset investment income  | 6,948                                  | 7,556        |
| Deposit account interest   | 15,591                                 | 2,231        |
|  | 22,539                                 | 9,787        |
| COSTS OF GENERATING VOLUNTARY INCOME   | 2014 £                                 | 2013 £       |
| Purchases of literature  | 191,717                                | 181,839      |
|  |  | ,            |
| INVESTMENT MANAGEMENT COSTS  | 2014 £                                 | 2013 £       |
| Investment management fees   | 6,054                                  | 3,867        |
| CHARITABLE RESOURCES EXPENDED  | 2014 £                                 | 2013 £       |
| Staff costs  | 220,575                                | 217,609      |
| Premises costs   | 91,836                                 | 89,844       |
| Office expenses  | 95,619                                 | 104,631      |
| Public information and publication costs   | 78,671                                 | 60,900       |
| Conference costs   | 36,611                                 | 35,521       |
| Website  | 3,265                                  | 17,283       |
| British sign language  | -                                      | 8,730        |
| Young peoples project  | 7,000                                  | -            |
| Irrecoverable VAT  | 42,219                                 | 40,618       |
| Financial expenses   | 2,602                                  | 2,315        |
| Investment expenses  |  | 22           |
| General expenses   | 31,548                                 | 32,444       |
|  | 609,946                                | 609,917      |
| Included in charitable resources expended is £331,372 (201 £278,574(2013: £280,101) relating to support costs. | 3: £329,816) relating to charitable ac | tivities and |
| FELLOWSHIP SERVICES  | 2014 £                                 | 2013 £       |
| Staff costs  | 238,958                                | 235,744      |
| Premises costs   | 72,072                                 | 70,092       |
| Office expenses  | 22,377                                 | 22,705       |
| General expenses   | 41,260                                 | 40,481       |
| ·  | 374,667                                | 369,022      |
| GOVERNANCE COSTS   | 2014 £                                 | 2013 £       |
| Trustees expenses  | 59,082                                 | 53,954       |
| Professional fees  | 19,018                                 | 9,519        |
|  | 78,100                                 | 63,473       |
|  |  |              |

#### Members of the General Service Board

Thomas Burke Jonathan Chick

Chris Daly

Clive Davy

Roger Edgington

Judy Fowler

Joe Henry

Carol Holland

Geoff Hopkinson

William Innes

Ash Kahn

James Kay

William MacDonald

Alexander MacVarish

Robert Muir

Paul Myles

Charles Rennie

Helen Sharman

Tom Sturley

Martin Weegmann

Philip Withecombe

Roger Booth General Secretary

| Auditors   | Bankers   | Solicitors  |
|--|---|---|
| Clive Owen & Co LLP Oak Tree House Harwood Road Northfield Business Park Upper Poppleton York YO26 6QU | HSBC Plc<br>13 Parliament Street<br>York<br>YO1 8XS | Bond Dickinson LLP<br>1 Whitehall Riverside<br>Leeds<br>LS1 4BN |

#### **Investment Managers**

Morgan Stanley & Co International Plc

20 Cabot Square

Canary Wharf

London

E14 4QA

Credit Suisse (UK) Limited

Five Cabot Square

Canary Wharf

London

E14 4QA

E14 4QR

**Registered Charity Nos:** 226745 (England and Wales)

**\$CO38023** (Scotland)

# The Twelve Traditions

- Our common welfare should come first; personal recovery depends upon AA unity
- 2. For our group purpose there is but one ultimate authority a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for AA membership is a desire to stop drinking.
- 4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
- 5. Each group has but one primary purpose to carry its message to the alcoholic who still suffers.
- 6. An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7. Every AA group ought to be fully self-supporting, declining outside contributions
- 8. Alcoholics Anonymous should remain forever non-professional, but our service centres may employ special workers.
- 9. AA as such, ought never be organised; but we may create service boards or committees directly responsible to those they serve.
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never to be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.