

WHEN DRINK STOPS WORKING

Alcoholics Anonymous is a worldwide Fellowship of men and women who follow the 12 Step programme of recovery from alcoholism adopted by A.A.'s pioneering members. The main purpose of each A.A. member is to stay sober and help other alcoholics to achieve sobriety.

Many employers have set up Employee Assistance Programmes (EAPs) to help employees whose drink problem affects their efficiency and well-being.

Management and staff representatives have become more and more aware of the unacceptable price of problem drinking. The substantial benefits of procedures to help employees to overcome their problem are self-evident.

We in Alcoholics Anonymous know that the more options at the disposal of the sufferer, the better the chance of recovery. A.A. does not run EAPs but would like to co-operate with you in your efforts to help the problem drinker.

A.A. is a voluntary organisation and free to all who seek our help. Our primary concern is the personal recovery and continued sobriety of people who want to stop drinking. Our approach is based on the unique ability of recovered alcoholics to help those who are still afflicted.

A.A.'s worldwide membership is estimated at more than two million. In Britain there are some 3,500 A.A. groups meeting weekly where members share their experience, strength and hope with each other and learn how to recover by practising the 12 Steps.

In businesses where there is no structured programme of help informal arrangements can be made for A.A. members to meet employees who have a drink problem and who may wish to stop. This is not professional counselling but simply an A.A. member carrying the message of recovery.

A.A. welcomes any opportunity to:

- Meet management, unions or staff associations, welfare officers and EAP workers to discuss ways in which A.A. could cooperate;
- Conduct presentations explaining the A.A. programme of recovery;
- Supply free posters and contact cards. Experience has shown that problem drinkers sometimes take advantage of the anonymity this affords to contact A.A. direct.
- Take an employee with a drink problem to an A.A. meeting and offer them introductory literature. You and your employee can be assured that the anonymity of anyone who seeks A.A.'s help is guaranteed.

HOW TO CONTACT A.A.:

A.A.'s local telephone number is available in most directories or from directory enquiries or write to:

A.A. General Service Office, P.O. Box 1
10 Toft Green, York YO1 7NJ
Tel (01904) 644026



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www.alcoholics-anonymous.org.uk
National Helpline Number 0800 917 7650