


Check Gmail through other email platforms

Set up IMAP and change your SMTP settings to read Gmail messages in other email clients, such as Microsoft Outlook and Apple Mail. When you use IMAP, you can read your Gmail messages on multiple devices, and messages are synced in real time. You can also [read Gmail messages using POP](#).

Important: To avoid temporarily locking yourself out of your account, make sure you don't exceed 2,500 MB per day for IMAP downloads and 500 MB per day for IMAP uploads. If you're setting up a single IMAP account on multiple computers, try taking a break between each setup.

Step 1: Check that IMAP is turned on

1. On your computer, open [Gmail](#).
2. In the top right, click Settings  > See all settings.
3. Click on the Forwarding and POP/IMAP tab.
4. In the 'IMAP access' section, select Enable IMAP.
5. Click Save changes.

Step 2: Change SMTP & other settings in your email client

Use the table below to update your client with the correct information. For help with updating your settings, search your email client's help centre for instructions on setting up IMAP.

Incoming mail (IMAP) server	imap.gmail.com
	Requires SSL: Yes
	Port: 993
Outgoing mail (SMTP) server	smtp.gmail.com
	Requires SSL: Yes
	Requires TLS: Yes (if available)
	Requires Authentication: Yes
	Port for SSL: 465
	Port for TLS/STARTTLS: 587
Full name or display name	Your name
Account name, username or email address	Your full email address
Password	Your Gmail password